

**MINUTES – Carroll County Responds
Prevention / Continuum of Care Work Group
Tuesday, April 3, 2018
(9:00– 12:30)**

9:00 ATTENDANCE: Chuck Henderson (Sen Shaheen); Eric Moran (WHAC); Donna Ackerman (FCC Wakefield); Chief Chris Perley (Jackson PD); Lt Kevin Duffy (NHSP); Lance Zack (WMRJ); Chip Albee (Tuftonboro Selectman); Chief Doug Wyman (Sandwich PD); Susan Houghton (Huggins Hospital); Mary Cronin (Cook Library); Rick Cogswell (WHAC); Jennifer Selfridge (C3PH); Catalina Kirsch (C3PH)

9:05 Prevention Priorities	Updates	Follow Up Items	Person/s Responsible
<p>1. To <i>promote evidence-based public health messaging</i> about the health risks related to use of alcohol, marijuana, misuse of prescription drugs and other illicit substances</p>	<p>a. Eastern Lakes Region Coalition for Healthy Families- Susan Houghton: April 14 Event / Straight Talk – Be Prepared. See link, flyer and help promote. Attachment. Parents, caregivers, learn how you can be prepared to prevent and respond to a substance misuse problem in your family.</p> <p>b. Kingswood Youth Center – Zachary Porter, Mara Michno (both absent). Eric Moran – leads Prevention Wed’s conversations; This month, Prevention Perspectives Month, weekly guests including law enforcement, LADC, Persons in Recovery. Youth participants (age 12-16) do share an eye-opening perspective that they believe substances are relatively easy to get. Eric leads role plays about refusing use. Recent essay contest among young. FMI</p> <p>c. SAU 9 Wellness Committee – Jennifer Selfridge reports that there is a subcommittee working to review procedures related to response to student infractions involving substance misuse. Catalina reports that SAU9 is invited Judge Broderick, Campaign to Change Direction, to address the student body on May 22.</p>	<p>a. Promote Straight Talk Event</p> <p>b. None</p> <p>c. None</p>	<p>a. All</p> <p>b. None</p> <p>c. None</p>

	<p>d. Kingswood HS – Jennifer reports that a student support group, based on an Ala-Teen model, is up and running with around 16 participants and up to 28 recently, in partnership with Sheryl Power. Student leaders who organized this were trained at Teen Institute last summer with funds from C3PH. Those same funds not available this year. C3PH seeking community sources of funds to send a cohort of students from Kennett, Moultonborough and Kingswood to Teen Institute this year. Discussion of potential scholarship sources: Fund connected to Judge Bud Martin? Lance Zack suggested we share information with Leanne Prentice at Community School, Tamworth</p> <p>e. Other? Lance brought up a local trend in more home-schooled youth, seen within his program and in community. Doug Wyman shared that there is a home-school group at his church.</p>	<p>d. Send ideas for soliciting sponsorships (partial or full) to cover several program registrations (\$800 per student) to Jennifer Selfridge;</p> <p>e. Remember the home-school population of families when planning prevention activities</p>	<p>d. All can send ideas for scholarship sources; Jennifer will share information with Community School.</p> <p>e. all</p>
<p>2. To host activities that educate parents about how to communicate with children to prevent use of alcohol, marijuana, misuse of prescription drugs and other illicit substances</p>	<p>a. See notes on Straight Talk event hosted by Huggins Hospital</p>	<p>a. share out notice of Straight Talk event with your contacts</p>	<p>a. all</p>
<p>3. To promote evidence-based prevention activities K-12 school level that</p>	<p>Sandwich PD – Doug Wyman – Lisa Remick is the new Director of the “On the Street” Program for LEAD (Law Enforcement against Drugs). It will be supplemental to the evidence-based prevention curriculum, Too Good for Drugs trained police officers teach to</p>		

<p><i>prevent early first use</i> of tobacco, alcohol and other substances at or before age 12.</p>	<p>students. “On the Street” is a component for parents. In its formative stages, it’s expected to be appropriate for a public forum and/or possibly a web-based session by portal. NH is #2 in the nation for LEAD Program delivery. Even well-known DARE proponent Scott Killiam now promotes LEAD. In Carroll Co area, LEAD is happening in Inter-Lakes (5 classes); at Brett School, Tamworth (8th grade). Other NH PDs switching to LEAD include Tilton and Manchester. DARE is coming off recommended programs list at Substance Abuse Mental Health Services Admin (SAMHSA) unless changes made by August 2018. Doug attended national LEAD conference in NJ. Lessons learned from law enforcement in CO and WA include: - increase in marijuana OD (strength of edibles; more calls to poison control) and opioid ODs; increase in ER visits; THC concentration in products has risen from around 10% in 2009 to 20-40% now. Similar trend in strength concentration in hash; WA state reporting increase in shootings over marijuana; increase in DUIs; The black market has not gone away; increase in youth consumption; Increase in investigations related to marijuana, including advertising targeted at youth and including impact of pesticides/fertilizer</p>		
<p>4. Other Prevention activities</p>	<p>Paul School – Wakefield -Donna Ackerman – the Wakefield community is working on issues related to homelessness and housing; is exploring prevention resources</p>	<p>Share evidence-based prevention resources with Wakefield school contacts.</p>	<p>Jennifer</p>
<p>10:00 Early Identification / Intervention Priorities</p>	<p>Updates from the Community Leaders</p>		
<p>1. To <i>Collect information about local Emergency Department responses</i> to overdose; Explore</p>	<p>White Horse Addiction Center – Rick Cogswell – White Horse is working with Mt Washington Valley Supports Recovery to develop a grant proposal to create a network and dispatch system to organize trained Recovery Coaches and Certified Recovery Support Workers to respond to local requests from health care providers</p>		

<p>opportunities to promote more effective continuum of care transitions.</p>	<p>and from emergency departments to connect individuals to care. Rick shared that the 24-hour window after overdose is a unique and important window of opportunity to connect a person to treatment and a recovery path.</p> <p>Huggins Hospital now has a Social Worker. Memorial Hospital also expanding care transitions staff. Integrated Delivery Network Region 7 groups have committee members working on Workforce Development.</p>		
<p>2. Collect information about local school and community-based efforts for screening, early identification and intervention activities that prevent early first use of tobacco, alcohol and other substances at or before ages 12-14; Explore opportunities for expanded screening.</p>	<p>A. Jackson PD & C3PH: Chief Perley shared that Drug Take Back Day is slated for April 28, 10am-2pm in various PD locations across Carroll County. In Jackson, there will also be a Narcan Education and Dispensing event to coincide. C3PH will share soon the final listing of locations once finalized. For a printable flyer click here.</p>	<p>a. Print and post/share Drug Take Back Day flyer</p>	<p>a. all</p>
<p>3. To deliver community education activities related to Trauma Informed Care.</p>	<p>SAU 9 Wellness Committee - Catalina reports that SAU9 is invited Judge Broderick, Campaign to Change Direction, to address the student body on May 22.</p> <p>Governor Wentworth District – Judge Broderick did address the student body of Kingswood Regional HS on March 27. Brian Coffey of SAU9 Wellness Committee attended for purposes of bringing a recommendation back to SAU9. Other SAU9 School Administrators have also seen him speak previously.</p>		

<p>4. Other Early Identification & Intervention updates</p>	<p>a. Naloxone Distribution Update – Jennifer Selfridge, Jeff Jones – Next Narcan Education and Dispensing event at TCCAP Tamworth on April 4, 4-5:30. Next event will be on May 2, Jun 6, same time and place.</p> <p>b. Comment by Chief Perley – contact with individuals in event of lesser infractions can be an opportunity to connect individuals with services. Some of those opportunities have been removed with changes in laws related to some lesser infractions.</p>	<p>a. Share information with your contacts about upcoming Narcan events</p> <p>b. none</p>	<p>a. all</p>
<p>10:15 Cook Memorial Library Resource Sharing</p>	<p>Mary Cronin – addiction resources library holdings, downloadable holdings; Mary shared the online resource, “Libby”, https://meet.libbyapp.com/, an app that can be downloaded to access your local library with your library card number and find thousands of ebooks and audiobooks for every reader. Cook library also has a collection of books about addiction available to the community. Mary also shared a documentary available via Netflix called Heroin(e). See http://herointhefilm.com/ For more information contact cooklib@tamworthlibrary.org or see https://tamworthlibrary.org/</p>		
<p>11:00 Treatment Priorities:</p>	<p>Updates from the Community Leaders</p>		
<p>1. In partnership with NH Providers Association, regional health care collaboratives, facilitate a group of SUD treatment</p>	<p>a. White Horse Addiction Center – Rick Cogswell – Peer Collaboration for Clinicians occurs the first Friday of each month. Also, WHAC participated in a recent visit from RAND Corporation to NH to conduct focus groups with individuals in treatment as well as clinicians to collect their</p>		

<p>providers in the region to promote communication and collaboration.</p>	<p>opinions about access to services in Carroll County as well as their opinions on certain innovative harm reduction strategies used in other parts of the world, like needle exchange, safe injection sites, and other. A resulting report will be sent by RAND to C3PH for sharing. WHAC is applying for funds to organize a statewide Certified Recovery Support Workers and offer them peer collaboration and supervision. For more information about coaching and CRSWs see http://nhrecoverycoachacademy.com</p>		
<p>2. In partnership with local treatment providers, promote activities to raise awareness for a Trauma Informed Community, and public understanding of addiction as a chronic illness.</p>	<p>a. White Horse Addiction holding annual Freedom Event April 6, 5:30pm. Expect good turnout. Speakers include Chucky Rosa and Marty Boldin. Chucky Rosa is a non-profit public speaker for Drug and Alcohol Abuse. Through awareness, education and personal loss. He brings strength and hope to others and is the founder of Chucky’s Fight. Marty is the Governor’s Policy Advisor on Substance Use Disorder Prevention, Treatment and Recovery. He will speak on current and upcoming legislation affecting addiction in NH.</p>	<p>a. Register and join the event.</p>	
<p>3. In partnership with local and regional resource and referral networks, build and maintain a current listing of existing treatment services and raise community</p>	<p>a. White Horse Addiction Center – Rick shared that WHAC is opening a center at Main St Professional Building in North Conway near Memorial Hospital. The org is closing on the property mid-April. There will be individual outpatient counseling, assessments/intake, Intensive Outpatient Programming (daytime and evening). For more information contact Rick or Sue at White Horse.</p>		

<p><i>awareness of the need for expanded local treatment options</i>, accessible to Medicaid, Medicare, and the uninsured.</p>	<p>Lance referred to NH Bill 487 (Relative to license requirements for certain alcohol and other drug use professionals and establishing a state substance use disorder treatment services program.) This bill establishes a state substance use disorder treatment services program in the department of health and human services, adds a certified recovery support worker on the board of licensing for alcohol and other drug use professionals, and modifies the requirements for licensure as a clinical social worker, clinical mental health counselor, or marriage and family therapist. Next step for NH Bill 487: Public Hearing: 04/11/2018 02:15 PM Legislative Office Building 306</p>		
<p>4. Other Treatment updates</p>	<ul style="list-style-type: none"> a. Friendship House is slated for a Jun 10 opening in Bethlehem, NH b. Janice Spinney, Pharmacist, MWV Supports Recovery has information about ambulatory detox protocol for individuals. c. Conversation among the group about need for local need for medical detox services. Detox is available at Farnum. 		
<p>11:30 Recovery Supports Priorities:</p>	<p>Updates from the Community Leaders</p>		
<p>1. In partnership with local recovery support organizations, social service providers and local media, <i>facilitate public health messaging that promotes a recovery supportive community.</i></p>			
<p>2. To <i>actively participate in local collaboratives that</i></p>	<p>Rebecca Hewson TCCAP (absent)</p>		

<p><i>seek to expand capacity for services</i> related to housing and homelessness.</p>	<ul style="list-style-type: none"> a. Lance reported out that a recent meeting held March 27 at TCCAP was well attended. The group seems to be in a forming stage b. More updates: There was a Community Meal of Soup & Bread plus Documentary Screening event March 23rd Hosted by 1st Church of Christ Congregational, held at the Gibson Center to screen 404 Not Found film about youth homelessness in Manchester NH. Committee members who attended include Mandy MacDonald. FMI contact Steve, sjcdfd29@msn.com Attendants were gifted with a pottery bowl made by KHS art students. 		
<p>3. To <i>actively participate in local collaborations that seek to expand capacity for transportation</i> options for individuals to access treatment and recovery support services.</p>	<ul style="list-style-type: none"> a. White Horse Addiction Center does have a van. They have one female driver and one male driver. Some limited transportation support available. Contact Eric Moran, eric@whitehorseac.com 		
<p>4. Other Recovery Supports Updates</p>			
<p>12:00 Other sharing, announcements</p>			

Next Meeting: Tuesday, June 5, 2018, 9:00am-12:30pm.