

**Carroll County Responds to Substance Use Disorder
Prevention / Continuum of Care Work Group**

MINUTES

DATE:

12/4/18

PRESENT	Jennifer Selfridge, Catalina Kirsch, Caleb Gilbert, William Marsh, Bruce Greybeard, Patricia Pustell, Julie Hill, Eve Klotz, Sue Houghton, Rebecca Hewson, Lisa Ransom, Sheryl Power, Lance Zack, Heather Phillips, Rose Normandin, Janice Spinney, Katie Foster, Peter Burke, Sue Houghton, Doug Wyman
ABSENT	
NOTE TAKER	Catalina Kirsch
START TIME	9:00
MEETING END TIME	12:00
DATE OF NEXT MEETING	Feb 5, Apr 2, Jun 4
AGENDA ITEMS FOR NEXT MEETING	
SPECIAL NOTES	Remember to check www.211nh.org or call 1-866-444-4211 to find out 1) Is your Organization/services provided listed and up to date? 2) How to get your organization/services provided listed asap

Focus on Prevention

Topic: Strategic Planning Update – Data Collection

DISCUSSION	See SAMHSA Framework for Community Coalitions here.	
Group discussion of potential data sources to inform our Strategic Plan for Prevention.		
CONCLUSIONS	L. Ransom: ILHS has YRBS data. MWVSR: Recovery Data Platform (RDP) may have data available for review from MWVSR and WHAC. Conversations with Advisory Committees at both MWVSR and WHAC may provide valuable input	
Memorial Hospital has CHNA data, MAT, BH. # of MAT Prescribers vs # Clinicians providing BH service could be valuable data. E. Klotz: spoke to dearth of MH/BH workforce (LADC, MLADC, LCMHC, LCSW) and challenging pathway to NH licensure		
MH Data: DHHS has data, MH/SUD co-occurring; Huggins has Emergency Services data.		
Data from states that have legalized marijuana may be valuable. See Chief Shagoury or New Futures		
Law enforcement has data related to felony arrests monthly or quarterly. 2016 data from Uniform Crime Reporting (UCR) Program at FBI. They have record of felony arrests by month. Call Karen or Linda. (Doug Wyman, source). Idea shared: attend Chiefs meeting and ask for input related to trends observed, for example, rise of methamphetamine use. Doug also shared there is some push for legislation that is not so specific to heroin/fentanyl that it impedes action against other concerns.		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Jennifer will reach out to identify & access data sources discussed	Jennifer	February

Topic: Partner Updates: Doug Wyman, Sandwich PD

DISCUSSION	LEAD (Law Enforcement Against Drugs) Training coming up in Concord NH in January 7-11.	
CONCLUSIONS	FMI LEAD Training see https://leadrugs.org/training/northeast	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
LEAD Training see https://leadrugs.org/training/northeast	All interested	January

Topic: Magnify Voices: Youth Film & Writing Contest, Submissions due March 2019

DISCUSSION	NH Children's Behavioral Health Collaborative is hosting youth video/creative writing contest. Youth in middle and high school (grades 5 - 12) are invited to submit 2-minute films or creative writing pieces about mental health issues. Magnify your voice, raise awareness, and help other young people across New Hampshire. The winners will receive cash prizes and attend the award ceremony.	
CONCLUSIONS	FMI see https://sites.google.com/view/magnifyvoices/home Please share with school and youth organizations.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Youth in middle and high school (grades 5 - 12) are invited to submit 2-minute films or creative writing pieces about mental health issues.	Youth serving organizations	March 1, 2019

Topic: DEA Operation Prevention Youth Video Challenge

DISCUSSION	High school students have the power to send a message to their peers about the dangers of prescription opioid misuse by creating a 30-60 second original Public Service Announcement. Grab your camera, recruit your friends, and submit your video for a chance to win \$10,000 and other great prizes. Help lead the change in schools!	
Submissions due March 6, 2019		
CONCLUSIONS	FMI see https://www.operationprevention.com/video-challenge	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
High school students have the power to send a message to their peers about the dangers of prescription opioid misuse by creating a 30-60 second original Public Service Announcement. Grab your camera, recruit your friends, and submit your video for a chance to win \$10,000 and other great prizes.	Youth serving organizations	March 6, 2019

Topic: Legislation, Rep. William Marsh

DISCUSSION	Rep Marsh has filed two house bills.	
1. This bill adds vaping to the law regarding youth access to and use of tobacco products.		
2. This bill clarifies the rule regarding querying the controlled drug prescription health and safety program when writing an initial opioid prescription for a patient's pain or substance use disorder.		
CONCLUSIONS	Hearings will be in January and Rep Marsh will keep our group advised.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
Let group know about hearing dates	Rep Marsh	January

Topic: HRSA Rural Health Network, Sue Houghton, Huggins Hospital

DISCUSSION	Huggins Hospital has received a grant from Health Resources Services Administration (HRSA) to develop rural health network of providers in the catchment area of Huggins Hospital.	
Welcome Rebecca Hewson as Rural Health Network Coordinator. A steering board is being formed.		
Year one will include planning activities and then implementation will follow. Two community health focus areas will be 1) Aging and 2) SUD		
CONCLUSIONS	Goals: to build out a catchment area for broad based health screening and develop a strong referral network, to identify gaps in services; to leverage resources among area service providers.	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Susan Houghton shoughton@hugginshospital.org	All interested	none

Topic: Kennett High School, c/o Jennifer Selfridge

DISCUSSION	Kennett HS with support from C3PH is hosting a youth prevention summit Jan 28. Students from neighboring northern NH HS's and possibly MS's (grades 7,8,9,10) are invited to participate. Trainings on media literacy and on vaping will be held.	
Dover Youth to Youth will lead the trainings. This is a follow up to an event that took place in Brentwood, to bring similar program to schools in more northern regions of NH.		
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Jennifer Selfridge	All interested	Jan 28

Topic: Inter-Lakes HS, Lisa Ransom

DISCUSSION	Choose Love Curriculum, developed by parents of Sandy Hook Elementary, is being piloted this year and rolling out further in the district next year. The Choose Love Enrichment Program™ is a no cost Pre-K through 12th grade social and emotional learning program that teaches educators and their students how to choose love in any circumstance and helps them become connected, resilient, and empowered individuals. These skills, tools and attitudes have been proven through decades of scientific research to be the best way to ensure a healthy, meaningful and purpose-filled life. FMI about the curriculum see https://www.jesselewischooselove.org/	
Also, a Connect training is happening. FMI about CONNECT, see https://theconnectprogram.org/		
The Call to Action Community Coalition is working to gain traction.		
Inter-Lakes High School – now has a .1FTE (1/2 day, once per week) provider from LR Mental Health on campus. (ASSET)		
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Lisa Ransom lisa.ransom@interlakes.org	All interested	none

Topic: Kingswood High School – Sheryl Power

DISCUSSION	Staff education on Vaping has occurred.	
	Health Occupation class is working on vaping education.	
	Straight-Gay-Alliance (SGA) has had its first meeting with 25 in attendance.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Sheryl Power, spower@sau49.org	All interested	none

Focus on Intervention, Treatment and Recovery

Topic: Farnum Center, Peter Burke

DISCUSSION	There are now up to 30 detox beds (from 20 beds previous) available in Manchester. (ASSET)	
CONCLUSIONS	FMI https://farnumcenter.org/detoxification/	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Peter Burke pburke@eastersealsnh.org	All interested	none

Topic: White Mtn Restorative Justice

DISCUSSION	NH Office of Juvenile Justice moving to a restorative justice model.	
	NH Juvenile Justice stepping toward adopting the Restorative Justice model. Many elements already in use at Sununu center and representatives of each county JPPOs are now training monthly in Concord. At the time of the meeting there was talk of privatization of the Sununu Center. That is now off the table and discussion is around opening two smaller detention centers north and south	
CONCLUSIONS	FMI: Juvenile Probation and Parole - https://www.dhhs.nh.gov/djjs/probation/index.htm	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI contact Lance Zack, wmrjustice@gmail.com	Any interested	none

Topic: Carroll County Drug Court; Eve Klotz

DISCUSSION	Drug Court Coordinator. Bob Nylín. (603) 752-1005. Honorable Judge Amy Ignatius also part of the team.	
	Drug court is contracted for another year. There are 8 active cases out of a goal of 10. There are six cases on deck for screening and team determination.	
	MWV Supports Recovery is open to Drug Court participants for community service hours.	
	In other news, there is a movement in NH regarding bail reform. A commission of criminal justice experts convened by lawmakers has issued its recommendations for how New Hampshire should implement bail reform . FMI: https://www.nhpr.org/post/criminal-justice-experts-lay-out-roadmap-bail-reform#stream/0	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
For more information: http://friendsofnhdrugcourts.org/	All interested	none

Topic: White Mountain Community Health Center, Julie Hill

DISCUSSION	<ul style="list-style-type: none"> - Working on implementing Comprehensive Core Standardized Assessments, a screen tool for all Medicaid patients, which asks questions about social determinants of health and demographics among other prompts. 	
	<ul style="list-style-type: none"> - Social workers conduct the screenings and seem to be finding/identifying concerns earlier. If patient is a child, the CSA is done for the family as a unit. 	
	<ul style="list-style-type: none"> - Community Health Worker is on staff and works with Social Worker 	
	<ul style="list-style-type: none"> - Care coordination is becoming more formalized. 	
	<ul style="list-style-type: none"> - Starting to look at the Transition from pediatrics to adult primary care. Starting conversations with patients 12-14 and their families, to prepare them for self-advocacy and self-management of healthcare at age 18 and beyond. Policy and procedure is being drafted. 	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
For more information: contact Julie Hill at WMCHC 447-8900	All interested	none

Topic: IDN7 & Northern Human Services

DISCUSSION	Discussed use of PHQ9 Depression screen tool, Columbia Suicide Assessment Screen Tool in community mental health centers in addition to existing Electronic Health Record assessments.	
	All Community Health centers moving toward use of Columbia screen. There is work happening to figure out a way to create access to mental health treatment within Emergency Departments during boarding. The NH Hospital Association and the Helms Group Consulting is part of the conversation.	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE

Topic: MWV Supports Recovery

DISCUSSION	MAT Providers and Recovery Supports meeting scheduled for Dec 5, to improve communication and resource sharing between treatment and recovery providers.	
	Grant proposal for recovery coach response system to IDN7 is submitted and awaiting determination.	
CONCLUSIONS	MWVSR strategic plan will include involvement in local efforts to respond to homelessness.	
	Rose shares that currently they have 5 trained recovery coaches. 3 were trained in CT to work as support in an emergency department setting after an OD and within the first 24 hours to connect individuals to a recovery path.	
	Support groups are being attended more by family members of a person with substance use disorder more than individuals themselves in recovery.	
	MWVSR sees a trend of individuals choosing to misuse suboxone. They are working to educate recovery peers. Harm Reduction: local misuse of suboxone includes injection use. Important for health care providers to be on the lookout for bodily signs of injection sites.	

<p>Jim Stoddard is providing 1 hr. per week supervision of recovery coaches. Time includes teaching; topics include ethics.</p> <p>HepC TeleHealth through DHMC is now available for WMCHC patients. Call 447-8900 IDENTIFIED NEED: information about HepC for Recovery Coaches.</p>		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
See HepC handout from CDC here , print and share	Any interested	none

Topic: Law Enforcement Update: Doug Wyman

DISCUSSION	<p>For those interested info here on PAARI, Police Assisted Addiction and Recovery Initiative: https://paariususa.org/</p> <p>Scarborough Police run Operation Hope: https://operationhopemaine.weebly.com/ The Scarborough Police Department's Operation HOPE encourages Maine residents who suffer from heroin and opiate addiction to seek help and experience recovery. Operation HOPE hours: Monday - Friday, 7 a.m. - Noon (Excluding Holidays). They just placed their 350th patient. Thank you and welcome recovery coach Bruce Greybeard for the information.</p>	
CONCLUSIONS		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI Contact Doug Wyman at Sandwich PD		

Topic: New Futures, Katie Foster

DISCUSSION	<p>Discussion of barriers to licensing for drug and alcohol counselors in NH and whether NF is doing any policy work to address mental health licensing issues this session.</p> <p>New Futures is working on Vaping related issues.</p> <p>There is interest in an Advocacy training in Carroll County</p> <p>Advocacy Training Jan 8, 2019 in Concord Sign up at the link/</p>	
CONCLUSIONS	<p>Response from New Futures: New Futures is part of a coalition looking broadly at the healthcare workforce this session. Licensing will be a part of this broad healthcare workforce bill (though we're not sure exactly what it will look like yet).</p> <p>Jake Berry of New Futures is glad to connect with related to your concerns about licensing barriers.</p> <p>Advocacy training is available from New Futures.</p>	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
interested folks can connect with Jake Berry about addressing licensing and workforce issues. Jake is NF VP of Policy and the Access to Treatment policy coordinator. His email address is jberry@new-futures.org and his phone number is (603) 225-9540 ext. 105.	Any interested	none
Advocacy Training Jan 8, 2019 in Concord	Any interested	Jan 8
Plan an advocacy Training for Carroll County	Jennifer, Katie	February

Topic: Memorial Hospital, Community Health Needs Assessment, Behavioral Health Focus Group activity, Heather Phillips

DISCUSSION	Heather has compiled various comments from today's agenda item discussions related to behavioral health to inform the Memorial Hospital CHNA.	
	Handout shared: Memorial Hospital Carroll County Profile page re: Behavioral Health Priorities. See http://www.c3ph.org/assets/pdf/Memorial_Hospital_CHNA_BH_Priority.pdf	
	See full Carroll County Health Profile dated 11/9/2018 here.	
CONCLUSIONS	Any further feedback about County health priorities can be sent to Heather Phillips at Memorial Hospital	
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
FMI Heather Phillips, HPhillips@memorialhospitalnh.org	Any interested	January



WISHING ALL OUR COMMUNITY PARTNERS A SAFE AND HEALTHY HOLIDAY SEASON AND A VERY HEALTHY AND HAPPY NEW YEAR!

OUR NEXT MEETINGS WILL BE TUE, FEB 5 AND TUE APR 2

(MEETING WILL BE CANCELLED IF LOCAL SCHOOLS ARE CANCELLED FOR WEATHER)