

MINUTES
Prevention / Continuum of Care Work Group
Tuesday, June 5, 2018
(9:00– 12:30)

9:00 In Attendance: Bill Marsh, Eric Moran, Jim Stoddard, Sheryl Power, Emily Benson, Chuck Henderson, Bill Markeson (Tuftonboro Selectman), Doug Wyman, Lance Zack, Bill Nicoll, Eve Klotz

A Focus on Prevention

9:05 – 9:45

Frameworks Institute: *Review of Reframing Adolescent Substance Use and Its Prevention Communications Playbook*
<http://www.frameworksinstitute.org/adolescent-substance-use.html>

- Frameworks did focus groups and uncovered some cultural beliefs around substance use;
 - One argument: we as adults have a moral imperative to keep our kids safe, and need to communicate that message paired with education about the impact of substances on brain development, youth development, school success, and other such prevention messages.
 - Link above is a resource available to assist with health messaging that can be used across many community sectors
 - Carroll County seems to have a cultural norm of a degree of tolerance & acceptance of substance use.
 - Alcohol. Still a significant issue and a primary substance used by youth.
- Prevention Priorities Addressed:*
- *Promoting evidence-based public health messaging*
 - *How to communicate prevention messaging effectively*
 - *Promoting evidence-based prevention activities*

9:45 – 10:15

Summer/Fall Schedule – future workgroup discussion

- Consensus – we will continue bi-monthly meetings. Next two meetings in 2018 will be August 7th, October 2nd.

Partner Updates:

Bill Marsh –

- Passed Medicaid expansion

Chuck Henderson

- [Resilience Film](#) screening in Gorham. Topic: ACEs and trauma informed awareness and understanding of impact of trauma. Screening followed by panel discussion. Well attended and well received. Recommend consideration for screening in Carroll County.

Emily Benson

- [Linda Douglas](#) from NH Coalition for Domestic and Sexual Violence available for training on trauma informed care
- ACEs screening happening at Memorial Hospital behavioral health services.
- [MATCH/TRAC - Modular Approach to Therapy for Children](#) (33 modules, cognitive based) – approach for clinicians – quantitative tracking system accessible by multi-agency team including family for following child’s progress and connection to social emotional diagnoses (anxiety, depression, trauma, conduct concerns). – clinicians can be trained & certified in this method – out of [Judge Baker Children’s Center at Harvard](#), out of Boston – There is a health collaborative locally that involves Northern Human Services and local clinicians, supervised by Harvard. Not appropriate for individuals whose needs are primarily related to significant developmental disabilities or severe drug and alcohol concerns. NHS is in the first cohort and has access to TA from Harvard for two years. There will be a presentation at Memorial Hospital Care Transitions meeting. [Resources available online](#). contact Eve Klotz at Northern Human Services.
- Training at Huggins June 8th related to medical records. FMI contact [Eve Klotz](#) at Northern Human Services.

Sheryl Power – Kingswood

- **One Day at a Time group** – group winding down for the school year. Al-Anon – student driven group. Student leader graduating.
- **Judge Broderick came to speak** – to Kingswood HS – Well received – Sheryl stayed to see a group of students approach him.

Doug Wyman – Sandwich PD/LEAD

- Education program wrapped, graduation coming up
- Manchester adopting LEAD
- CEO of LEAD travelled to Los Angeles, which is also looking at LEAD, also NYPD. NJ & TN among top adopters
- Parent Education component in development. Educator component also in development.
- [Too Good for Drugs Curriculum](#) (K-12), can be taught by Officer, Officer + Teacher (ideal) or by Teacher. Now LEAD is the sole distributor of this curriculum through Mendez Foundation. Winnisquam School District is teaching LEAD in 6th, 7th, 8th grade.
- NH has seen a reduction in opioid prescriptions by 15%

Eve Klotz – Drug Court

- 4-6 participants pending
- Drug Court Case Manager has applied to be LADC and to be able to lead an IOP. Two others in training for LADC/MLADC license.
- Will have three MLADCs and 4 LADCs once complete.

Eve Klotz – Elders

- See pamphlet – [REAP Program](#) – 1-866-634-9412 – Three REAP counselors in Carroll County. Referral, Education, Assistance and Prevention for older adults in NH

10:15 – 10:30

2018 Work Plan Development

Homework for Next Meeting: Review of [NH Governor’s Commission Task Force on Prevention’s Recommendations](#)

Think about how we might incorporate these recommendations in our individual organization’s work plan as well as the RPHN Prevention Network work plan.

The task force recommendations expand the priority areas for prevention initiatives across the age span. It provides us an opportunity to identify how our individual mandates and missions collectively contribute to the prevention of substance misuse and substance use disorders in Carroll County.

10:30-11:00 Break and Networking

A Focus on the Continuum:

11:00 Early Identification and Intervention Updates:

Recovery Support Hub – Whitehorse, MWV Supports Recovery – Eric Moran

Conversations are underway to explore the feasibility of a 24-7 response team of recovery coaches / CRSWs and LADCs, combining teams of coaches from Whitehorse and MWV Supports Recovery. This team would be developed in order to respond to the hospital in cases of Emergency Room care for individuals facing an SUD crisis. Also exploring the idea of telephone recovery support.

SAU 9 – Presentation by Judge John Broderick – Catalina Kirsch

Justice John Broderick of [Campaign to Change Direction](https://www.changedirection.org/) NH made a presentation to the student body of Kennett High School on May 22nd on the issue of mental health awareness and was well received by students and staff. About 20 students approached Judge Broderick afterwards and he gave each student his undivided attention. SAU9 Wellness committee arranged for a meeting of Judge Broderick with student leaders from Student Council as well as from Eagles for Action activist group. After the presentations (2 sessions) Wellness Committee staff met with a representative from the NH Bureau of Student Wellness. Wellness Committee will also pursue a follow up event in the fall open to parents and community. For more info: <https://www.changedirection.org/>

Young Adult Strategies – Screening, Early ID awareness education for young adults 18-25 – Catalina Kirsch

There is a FREE Prevention Training opportunity being offered for Young Adults 18-25(ish). Registration is open online at: <https://www.eventbrite.com/myevent?eid=46661636210>

Training is being offered by C3PH in partnership with NAMI-NH. Participants receive a free 1.5 day basic training in mental health, substance misuse, and suicide prevention. To be held in Conway at Granite State College. Please share with prospective participants. FMI contact Catalina Kirsch 662-4811

Suggestion by L Zack: contact Henry Gelinas of [Mother Earth's Creations](#) organization to recruit participation from Native American community.

Suggestion: Recruit from [RENEW Dropout Prevention Program](#) at KHS for students in transition up to age 21.

Suggestion: Share information with Kingswood Guidance.

Early Identification / Intervention Priorities Addressed:

To **Collect information about local Emergency Department responses** to overdose; Explore opportunities to promote more effective continuum of care transitions.

Collect information about local school and community based efforts for screening, early identification and intervention activities that prevent early first use of tobacco, alcohol and other substances at or before ages 12-14; Explore opportunities for expanded screening.

To *deliver community education activities related to Trauma Informed Care.*

11:30 Treatment Updates

White Horse Addiction Center – North – Eric Moran

Counseling office will open in June. Limited transportation assistance will be available. Work still being done in painting, carpeting and office furniture. (suggestion made to WHAC to contact Friendship House for office equipment donations and also to seek donations from State Surplus on Clinton St, Concord)

Peer Collaboration at Whitehorse Addiction Center – Eric Moran

Peer Collaboration has been suspended for the time being at WHAC as clinicians seek to prioritize their time.

MAT Providers Meeting at MWVSR – Lauren Hunter reporting

There was a recent meeting at MWV Supports Recovery. In attendance were Deb Cross of WMCHC, Gail Johnson of Sacopee Valley, Bob Nylin, Jim Stoddard of CC House of Corrections, Lauren & Corey of New Life. The group will plan to meet every 2-3 months to collaborate on questions related to regional MAT care.

New Life Program Outreach – Lauren Hunter, CNM – Presentation – Prenatal SUD Treatment at Memorial Hospital – Tuesdays 10:30-2:30 – 3 CNMs are MAT certified/waivered – patients coming from 1.5 hr radius – just partnered with Mem Hospital primary care to serve partners of New Life mothers. – Challenges: the fact that it is weekly. Limited cab vouchers available for transportation. Suggestion made for New Life to share information with Carroll Academy / Adult Learner Services.

Treatment Priorities Addressed:

1. In partnership with NH Providers Association, regional health care collaboratives, **facilitate a group of SUD treatment providers** in the region to promote communication and collaboration.
2. In partnership with local treatment providers, promote activities **to raise awareness for a Trauma Informed Community, and public understanding of addiction as a chronic illness.**
3. In partnership with local and regional resource and referral networks, **build and maintain a current listing of existing treatment services and raise community awareness of the need for expanded local treatment options**, accessible to Medicaid, Medicare, and the uninsured.

12:00 Recovery Supports Updates:

White Horse Addiction Center – Eric Moran – See notes about Recovery Support Hub and 24-7 Response Team development.

MWV Supports Recovery – Lauren Hunter reporting: MWVSR is also planning a recovery support group for individuals in MAT.

Recovery Hub Conversation - There is a desire between recovery centers to develop a recovery coach peer support group to help coaches share and develop their skills. Suggestion shared: see Community of Practice for Recovery Support Workers at Center for Excellence: <http://nhcenterforexcellence.org/resources/community-of-practice-resources/peer-recovery-support-services-cop-resources/>

Other?

Recovery Supports Priorities Addressed:

1. In partnership with local recovery support organizations, social service providers and local media, ***facilitate public health messaging that promotes a recovery supportive community.***
2. To ***actively participate in local collaboratives that seek to expand capacity for services*** related to housing and homelessness.
3. To ***actively participate in local collaborations that seek to expand capacity for transportation*** options for individuals to access treatment and recovery support services.

12:20 Roundtable updates of OTHER community assets and identified gaps in prevention, early identification, intervention, treatment or recovery

Next Meetings: Tuesdays,

9:00-10:30 Prevention; 10:30-11:00 Networking

10:30-12:30 Continuum of Care(Treatment/Recovery)

2018: August 7, October 2, December 4

2019: February 5, April 2, June 4