

**Continuum of Care Work Group Minutes
Rescheduled Meeting, Tuesday, March 6, 2018
(9:00– 12:30)**

9:00 Introductions

In attendance: Wanda Eckhoff, Bob Batson, Emily Benson, Doreen Shockley, Pat Carroll, Tina Craig, Mary Croasdale, Lt. Kevin Duffy, Susan Houghton, Jeff Jones, Cathy Livingston, William Nicoll, Chief Chris Perley, Heather Phillips, Sue Ruka, Susan Ticehurst, Jess Warning, Chief Doug Wyman, Sheriff Rich Young, Michelle Ward, Catalina Kirsch, Jennifer Selfridge, Mary Reed

9:05 Update on RPHN Work Plans

Mary Reed, Senior Vice President for Public Health, Granite United Way –

In the last days of January, seven months into the fiscal year 2018, C3PH received notice from the state that due to a budget shortfall, funds originally contracted for Continuum of Care Facilitator work were cut by 50%, effective Feb. 1st. The C3PH team is working to mitigate the impact of this cut. Our Continuum of Care Facilitator, Catalina Kirsch, will take on an adjusted scope of work, including coordination of the Young Adult Leadership prevention work through BDAS and will remain on staff. As of July 1, 2018, the state has reported that 50% of the past year’s funding will be made available to continue the work. The details are being worked out at C3PH in regards to adjustments that will need to be made and plans forward.

9:10 Prevention Priorities

<p>1. To <i>promote evidence-based public health messaging</i> about the health risks related to use of alcohol, marijuana, misuse of prescription drugs and other illicit substances</p>	<p>Susan Houghton – Huggins Hospital – provided an overview of E. Lakes Coalition. November event attracted 60 pp. Feedback: families want to learn about the issues and explore solutions; They want to get involved. Don’t need a “prevention fair”. Another event coming up Apr 14, Sat. 9-1, Huggins Medical Arts Building; Theme: Straight Talk. Will offer: Be Prepared -Families Respond to the Opioid Crisis. Melissa Fernald will present a mock teen’s room exhibit; Operation Save a Life: Narcan Training; EMS training, Experiences from the field; CPR for friends and families. Room for exhibits/organizations displays; Dog detection demo possible. K Duffy can put canine patrol in touch with S Houghton for canine demo. S Ticehurst suggests looking into therapy dog demo.</p> <p>Bob Batson – Team Wolfeboro – two handouts. March 6 Introduction handout(attached); pamphlet tri-fold. Overview of prevention coalition work over the past year. Goal to host prevention activities. Interest in advocating for Kingswood to participate again in YRBS. Have created promotional stickers and t-shirts for local citizens/businesses. Trying to have an idea that can be replicated by other communities. Faith based activity: got a list of other churches to participate in prayer for the cause. Prevention messaging is an activity. Coffee</p>
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	<p>Connections with Chief Rondeau Feb 15 being aired on Wolfeboro Community TV. Planning more activities for 2018. Links to the handouts Bob provided are below.</p> <p>Kingswood Reg HS: Jennifer Selfridge - Teens who attended Teen Institute Summer camp last summer had a goal to start a group for students at KRHS. From Sheryl Power: “have started a support group for high school students impacted by someone's drug or alcohol use called One Day at a Time. It meets on Thursdays during the school day and is being led by al anon members from the community; Judge Broderick will be coming to the high school art center on March 14 to present to the entire student body and faculty. We had a presentation in February on Trauma sensitive schools by Susan Craig, author of Trauma Sensitive Schools for the Adolescent Years and were each given a copy of the book.” (update March 13, 2018: Judge Broderick presentation was postponed due to winter storm forecast)</p> <p>SAU 9 Wellness Committee – working on activities focused on social -emotional wellness. Committees planning district wide activities, curriculum integration, and review of related school SUD discipline procedures and aligning all with best practice by a subcommittee made up of members of the wellness committee and other school personnel.</p> <p>Business Outreach -- Catalina and Jeff –meetings held by C3PH Preparedness and Continuum of Care and Advisory Council staff with Cranmore Mountain Resort as well as with Ski NH, to share public health resources for employees, to promote Narcan training, to offer preparedness consultation and training, to promote a recovery friendly workplace. C3PH may be invited to present at Ski NH summer conference.</p>
<p>2. To <i>host activities that educate parents</i> about how to communicate with children to prevent use of alcohol, marijuana, misuse of prescription drugs and other illicit substances</p>	<p>See notes above: Batson, Houghton, SAU 9</p>

<p>3. To <i>promote evidence-based prevention activities K-12 school level that prevent early first use</i> of tobacco, alcohol and other substances at or before age 12.</p>	<p>Doug Wyman – Doug reported that LEAD, (Law Enforcement Against Drugs) is replacing DARE in several area schools. The LEAD program uses the evidence-based K-12 curriculum, Too Good for Drugs. The program will start Thu 3/8 at Sandwich Central School – 8 Grade at Brett School – 4th and 6th at Freedom Elementary. Outreach in Meredith, four 6th grade classes at Inter Lakes. A number of our local officers attended a LEAD Training in Tilton; Chief Perley attended the training for possible program implementation at Jackson. On 3/6, new coalition in Inter-Lakes Region is holding an event.</p> <p>Message from Lance Zack:</p> <p>Forum. Date April 20 Location: Sandwich Town Hall.</p> <p>Lance will make the decision by Mon of next week in regard to the viability of moving forward. The intent is to provide a public forum/discussion on Marijuana. “My hesitation in moving forward is the lack of available speakers to present a pro-marijuana agenda. (medical use and legalization proponents).</p> <p>Thus far committed speakers include: Pat Perkins (LADAC), -clinical overview, Chief Wyman (Sandwich)- LEAD program, Chief Shagoury (Pres. NH Chief’s As.)- Current law and legislative updates, Chief Perley (Jackson) - impacts of legislation of the culture of a community. Jen Bella (LICSW)- case studies. Federal prosecutor - Fed law v State. Waiting to hear back from - Doc at Plymouth Dispensary, Huggins -prescribing Doc, NORML Seeing trend in intakes of bad information among youth regarding marijuana and decriminalization, legalization.</p> <p>Chief Perley noted that is not available that day. There were some concerns expressed that messaging of prevention can get undercut when anecdotal stories of medical pain relief are presented. Difficult for law enforcement efforts to advocate for use reduction, demand reduction in the face of pain relief stories. Would like to see a discussion of healthy use of prescription drugs vs misuse of Rx drugs.</p> <p>Bill Nichol: some value in having diverse opinions represented.</p> <p>S Ticehurst recommends resource: Matt Simon, Marijuana Policy Project.</p>
<p>4. Other Prevention activities</p>	<p>KHS funding for Student Assistant Program is looking promising. Kennett is awaiting final approval of their application from the state.</p>

<p>10:00 Early Identification and Intervention Priorities:</p>	
<p>1. To Collect information about local Emergency Department responses to overdose; Promote more effective continuum of care transitions.</p>	<p>Michelle Ward: MWVSR has been meeting with Memorial Hospital to explore providing Recovery coaches in collaboration with Memorial Hospital. White Horse Addiction Center have also involved in the conversation.</p> <p>Update: Catalina Kirsch has met with Erica Roy at Memorial Hospital to share resources. Identified need: resource staff to be able to connect individuals with a care plan before discharge from Emergency Department.</p>
<p>2. Collect information about local school and community-based efforts for screening, early identification and intervention activities that prevent early first use of tobacco, alcohol and other substances at or before ages 12-14; Explore opportunities for expanded screening.</p>	<p>Jennifer reported that it looks promising that SAP funding will continue at SAU 9. Team wrap around at Moultonborough Academy to support students School Social Worker at Kingswood provides screening and identifies services.</p> <p>Emily – Early Childhood Workgroup, referred to as the Carroll County Early Childhood Coalition(CCECC) has identified 3 Primary Care Practices in Carroll County who do early childhood developmental screenings during well-child visits. They use the Ages and Stages Questionnaires, both ASQ and/or ASQ-SE: http://agesandstages.com/products-services/asqse-2/ Two Developmental Screening Learning Collaboratives have already taken place through the NH Pediatric Improvement Partnership: https://www.nhpiip.org/node/32 . In addition, CCECC members are reporting increasing number of families receiving home-visiting services.</p> <p>Carsey Researcher Kristin Smith is presenting on her recent research: As Opioid Use Climbs, Neonatal Abstinence Syndrome Rises in New Hampshire prior to the PHAC meeting next Tue Mar 13, 2018 at 9:00 (note meeting has been rescheduled for March 20th at 9:00 at TriCounty CAP, Tamworth)</p> <p>Cathy Livingston - Family Resource Center at Children Unlimited– Welcome Pat Carroll; seeing increase in number of families impacted by SUD. Starting parenting group at Carroll County Corrections. Two parenting groups happening, one at Ossipee Head Start and the other in Conway. We are also meeting with Rose from the Endeavor House, MWV Supports Recovery on Monday, March 19th to discuss having a parenting class there.</p>

	<p>Tina Craig, Guardian Ad Litem, spoke to need for parenting groups referrals for individuals coming through the court system.</p>
<p>3. To <i>deliver community education activities related to Trauma Informed Care.</i></p>	<p>Doug Wyman: See International Association of Chiefs of Police: Enhancing Police Responses to Children Exposed to Violence: A Toolkit for Law Enforcement</p> <p>Chief Perley: Identified need: Mental Health First Aid for Public Safety, Law Enforcement – Heather, Catalina can follow up to explore bringing training to Carroll County. https://www.mentalhealthfirstaid.org/i-pledge/ Bryan Gibb, BryanG@TheNationalCouncil.org</p>
<p>4. Other Early Identification & Intervention updates</p>	<p>Wanda E., CC Dept of Corrections: teaching TRUST program – meets with sentenced individuals and does case mgmt. for follow up to meet medical needs, treatment, other social services, employment. Tracking data. Nine people have gone through the program. Recidivism data being tracked. Participants receive one year of follow up case management.</p> <p>RAPS – Doreen Shockley. Three regional centers under Hope for NH Recovery were closed. State Funding reduced. Very trying times. Jan 3 – Serenity Place closed Granite Pathways was asked to insert RAPS into Manchester Safe Station Program. A different Non- Safe Station model coming together in Keene; slower intro into that community while going through closure of Serenity Place. 8 CRSWs at Granite Pathways are serving the state. Hours have been extended. Lean staff working long hours. Outcomes in Manchester looking good Hard working staff. All organizations stood together through the crisis. Bi-State Health - Collaborations happening to help RAPS get people into treatment more quickly through access to assessments, etc. Heard from ERs, seeing reduction in presenting at the ER, reduction in repeat visits. PP coming in because of homelessness, hunger. Hiring in Manchester</p>
<p>Break - Networking</p>	
<p>11:00 Treatment Priorities:</p>	
<p>1. In partnership with NH Providers Association, regional health care</p>	<p>Need for service provider collaboration. If interested, please contact continuum@c3ph.org</p>

<p>collaboratives, facilitate a group of SUD treatment providers in the region</p>	
<p>2. In partnership with local treatment providers, promote activities to raise awareness for a Trauma Informed Community, and public understanding of addiction as a chronic illness.</p>	<p>Doug Wyman: Paige Sutherland of NH Public Radio did a piece on Opioid crisis in Northern NH. Piece aired recently: When Combating the Opioid Crisis in Rural N.H., It's No Easy Fight By PAIGE SUTHERLAND • FEB 26, 2018</p> <p>Michelle Ward, MWVSR: Endeavor House sober living facility now open. 4 current residents. Capacity: 9 From Conway Daily Sun: Endeavor House has opened. It is the first recovery-living house in Conway. At Endeavor House, up to nine women can live there while working on their recovery path from addiction to integrate back to family and community. The house is a project of Mt. Washington Valley Supports Recovery Coalition, which received its occupancy permit at 1620 E. Main St. in Center Conway (formerly the Echo Property) at the end of January.</p> <p>White Horse Addiction Center. Opening facility in North Conway. From Conway Daily Sun: The Ossipee-based White Horse Addiction Center has set its sights on establishing a presence in Conway and hopes to eventually spread across Carroll County.</p>
<p>3. In partnership with local and regional resource and referral networks, build and maintain a current listing of existing treatment services and raise community awareness of the need for expanded local treatment options, accessible to Medicaid, Medicare, and the uninsured.</p>	<p>Mary Croasdale, NHS; Drug Court is in Carroll County – Tue’s 8:30 meetings to prepare and plan. Compiled participant handbook based on other models. Created an application. Team: M. Croasdale, plus Drug Ct Facilitator, Coordinator and Case Manager. Asst DA, J Freeman from Public Defender Laconia, Judge Ignatious, Clerk Abby Albee, J Duguay from CC Dept of Corrections. Creating release forms. Getting ready to discuss potential participants. As treatment provider M Croasdale will do assessments. Criteria: High risk (for crime, recidivism) High need (level of substance use). Treatment includes weekly sessions. Case manager at least once a week. Value of Medicaid/NH Healthy Families/ Well Sense for transportation to appointments is critical. Northern Human Services can utilize Wolfeboro and Conway offices to serve different sectors of the county. Four levels of drug court participation until graduation and then after care follow up happens. There are different levels of sanction for return to drug use at different stages of drug court participation. Ideal, 12-18 months participation. Only felony level participation. Not for misdemeanors. Does not have to be a drug related crime.</p>

<p>4. Other Treatment updates</p>	<p>Sheriff Young, Wanda E.: Need for transportation out of CC Jail. 9am is typically release time. Idea: 9:30 pick up system. It is common for individuals to be released without any transportation home. Some may be in process for Medicaid but not have it yet. Often they have no personal funds for taxi or Blue Loon bus. If you have ideas for meeting this county need, contact continuum@c3ph.org</p>
<p>11:30 Recovery Supports Priorities:</p>	
<p>1. In partnership with local recovery support organizations, social service providers and local media, facilitate public health messaging that promotes a recovery supportive community.</p>	<p>Mental Health First Aid training. Helps to help break down stigma. (Mar 12 training at Memorial Hospital was cancelled due to low registration). Update: Mental Health First Aid Training- June 5th & 19th at Huggins Hospital. If you are interested in bringing a Mental Health First Aid Training to your agency, please contact klaundry@nchcnh.org for more information. Registration information coming soon.</p> <p>Team Wolfeboro – stickers with health messaging for business community</p> <p>Leadership MWV: Catalina Kirsch/C3PH, Sue Ruka/Memorial Hospital, JR Porter/WMCHC, and reps from the offices of NH DHHS Commissioner and Senator Shaheen presented a panel on public health to Leadership MWV Class of 2018, a leadership program for professionals under 40ish in Mt Washington Valley, through MWV Chamber of Commerce. 16 participants from diverse industries.</p> <p>Doug idea: public service announcements</p> <p>New initiatives:</p> <ul style="list-style-type: none"> - Recovery Friendly Workplaces. Out of Governor’s Commission - Binge Free 603 – stay tuned for public messaging campaign materials aimed at 21-25 year olds.
<p>2. To actively participate in local collaboratives that seek to expand capacity for services related to housing and homelessness.</p>	<p>Feb 1 Meeting was well attended.</p> <p>TCCAP leading follow up efforts. Mar 27, 10-12, C3EH, Carroll County Coalition to End Homelessness. To get involved contact Rebecca Hewson, rhewson@tccap.org</p> <p>Tue Mar 13 – Families in Transition – transitional housing opening in Wolfeboro – interest in similar offering in Conway area</p>

	<p>STARS program - Recovery community housing funding opportunity. – status of funding possibly cut. The S.T.A.R.S. Program is an organization that raises and distributes funds in New Hampshire for individuals seeking support in their recovery from substance use disorder. The Scholarship Trust for Addiction Recovery Service commits to spreading awareness about addiction while providing hope to the people who suffer from it and their families and friends who love them.</p> <p>MWV Housing Coalition. Jackson affordable housing meeting Mar 6. Jackson got grant to look at affordable housing model.</p> <p>C. Perley. Idea: incentivize housing with sobriety/abstinence for recovery housing. Align funding streams for recovery and affordable housing.</p> <p>Update from Jeff Jones, Emergency Preparedness, C3PH: Emergency Shelter operated in Rochester – Dec. 26- Jan 15, extreme cold – unprecedented length of service - at peak served 76 people – unknown/underreported to typical homelessness resource channels. Individuals served moved from Rochester Community Center to National Guard Armory. Lessons learned – communities in region have more homeless than we may be aware. A Tri-City Homeless Commission was formed. BJ Parker and Jeff will meet with EMD Conway and Wolfeboro for follow up planning conversations.</p> <p>Jackson – Oct flood infrastructure review – identified need for emergency power generation for town hall...seeking warrant article funding. To build capacity for emergency warming shelter.</p> <p>Sandwich did operate warming shelter during this winter and provided shelter for at least one person.</p>
<p>3. To actively participate in local collaborations that seek to expand capacity for transportation for individuals to access treatment and recovery support services.</p>	<p>Sheriff and CC Corrections anecdotes. Need for transportation upon release from jail. 9am release daily. If you have input that could help to meet this identified need contact continuum@c3ph.org</p>

<p>12:00 Other sharing, announcements</p>	<p>Mary Reed, Jeff Jones: Narcan events. Currently are provided through standing order through NH regional public health networks and recovery centers. Granite United Way operates under standing order requiring clinical personnel to dispense, since it is a prescription medication. Therefore, you will always see a clinician at C3PH Narcan education and dispensing events. April 28 – Take Back Day coming. Stay tuned.</p>
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Next Meeting: Tuesday, April 3, 2018, 9:00am-12:30pm.