

# CARROLL COUNTY COALITION FOR PUBLIC HEALTH

An Initiative of Granite United Way

## Substance Misuse Prevention/Continuum of Care Work Groups December 5, 2017; Prevention Leadership Team Minutes

**Attendance:** Deb Bunting, GWRMS; Thomas Dougherty, Student Photographer; Lance Zack, WMRJ; Doreen Shockley, Granite Pathways; Susan Houghton, Huggins Hospital; Ashley Hurteau, Granite Pathways; Doug Wyman, Sandwich PD/PHAC EBoard; Mary Croasdale, NHS; Emily Benson, C3PH; Catalina Kirsch, C3PH; Jennifer Selfridge, C3PH

**Introductions:** see sign in sheet

- Announcement: PHAC Annual Meeting, Tue Dec 12th- at Camp Calumet, Freedom; Keynote Speaker Former Chief Justice of the NH Supreme Court, the Honorable Justice John T. Broderick, Jr., Housing in Carroll County Panel as well as Carroll County by the Numbers will be highlighted

### Activity Updates

- Eastern Lakes Region Coalition for Healthy Families- Susan Houghton
  - Covering Southern tier of county with collaboration including Huggins Hospital, Team Wolfeboro, C3PH
  - Objective is to engage Huggins Hospital catchment area in program work and activities, focused on youth prevention; objective will in time, include parent education and support and be informational and action oriented
  - Next step "Prevention Fair" in the Spring-reach out to [Susan Houghton](#) for more information and to get involved
  - ELR Coalition will align with C3PH's strategic plan, not recreating or competing
  - Emily will provide contact info for Children Unlimited and NH Healthy Families to Susan
  - Team Wolfeboro: Bob Batson is founder of initiative
- Straight Talk: A Call- to Action Susan, Jennifer, Bob
  - About 50 in attendance, didn't reach target audience but a start
  - Kingswood Youth center teens attended and spoke about their experiences and what they enjoyed about the KYC
- Naloxone Distribution Update-
  - Follow Up: Catalina will submit events to Conway Daily Sun and other Carroll County newspaper Community Calendars.
  - Training and Dispensing at White Horse Addiction Center last week
  - MWV Supports Recovery, Endeavor House 12/5, 4:00 to 5:30
  - Monthly Narcan Training and Dispensing at Tri-County CAP – 4:00 TO 5:30, the 1<sup>st</sup> Wed of the Month
  - 29 events since 2015, handed out 211 kits in Carroll County to date

- Catalina will reach out: Sandwich Business Group, Wolfeboro, Ossipee Area and MWW Chambers of Commerce After Hours to schedule more Training and Dispensing events and to do public health awareness outreach to the business community.
- Doreen Shockley: Shared that Portsmouth Chamber hosts educational program for business to educated employers on recognizing employee use; invited to host recovery job fairs across the state.
  - [The NH Opioid Crisis: It's Your Business](#), 10:00-11:30 at Safe Harbor on December 6<sup>th</sup>.
    - Doreen Shockley: RAPS/Granite Pathways update: The state is still in the process of examining a number of factors which may lead to a change in the areas that Granite Pathways serves. As soon as the details are finalized, more information will be made available.

Contact temp Ashley Hurteau Carroll Count RAP Specialist, 10 Ferry St, Suite 319, Concord, NH 03301, Cell: (603)715-6834, Main Office: (603)931-3700, Fax: (603)931-3700, [AHurteau@granitepathways.org](mailto:AHurteau@granitepathways.org) after January 1st. Ryan Fowler will continue to cover Carroll County until then.

### **2017-2018 Prevention Work Plan\* (Progress to date)<sup>1</sup>**

#### **Drug Court in Carroll County- Mary Croasdale**

- NH Judicial Court invited providers in Carroll Count to apply for contract, it was awarded to Northern Human Services
- On Nov 29 & 30<sup>th</sup> Mary Croasdale attended Drug Court Conference
- Putting team together
  - Including a Drug Court Coordinator, Facilitator and Treatment Provider (Mary)
  - Judge Amy Ignatius, Judge, as well as an ADA and a Public Defender,
  - Participants in Drug Court will receive 5-19 hours of treatment per week
  - Upcoming Preparation Activities
    - Tue, Dec 9 – Team Meeting
    - Jan `19<sup>th</sup> Drug Court Planning Day in Concord, Jan 23<sup>rd</sup> Observation of Nashua Drug Court
    - Jan 30<sup>th</sup> Observation of Belknap Drug Court
  - Carroll County Drug Court tentative start date Tues Feb 6<sup>th</sup>

#### **Kingswood Middle School – Responding to Student Concerns**

- A discussion was held about how to best handle students (middle school and younger) who express concerns about drugs and paraphernalia in their homes.
  - If child finds needles in the home, it's a danger to the child and is reportable DCYF, call 800 DCYF to verify what is reportable
  - Deb Bunting at Kingswood will be putting together a protocol sheet
    - Schelley Rondeau, NH Healthy Families, and Sue Houghton, Huggins Hospital can serve as resources for more information

#### **Update from Sandwich PD – Doug Wyman**

- Sandwich switching from D.A.R.E. to L.E.A.D. – D.A.R.E needs program updates.
  - [LEAD](#) – Law Enforcement Against Drugs

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<sup>1</sup> SMP Progress Report Follows at the end of these minutes

- Inter-Lakes moved from D.A. R. E to LEAD and currently in Freedom and 8<sup>th</sup> Grade at Brett School
  - Too Good for Drugs is the K-12 curriculum used by L.E.A.D. It is evidence-based and listed on the NREPP list of effective programs.
  - Inter-Lakes moved from D.A.R.E. to LEAD and the program is currently being offered in Freedom and will be offered at the 8th Grade at Brett School
- NH Chiefs Winter Conference - 8 hours training – Fri/Sat – one session was sponsored by NAMI: “Training Suicide Awareness for Officers”
  - Also, Strategies for Law Enforcement for Reducing Organizational Stress
  - Overview of [Granite Hammer](#) and Granite Shield funding that is bringing additional resources to local PDs and the State Police to address the opioid crisis.
    - New cruiser surveillance License Plate Reader (LPR) equipment available that can capture and store license plate numbers for more than three minutes. Possible applications include for PD to identify possible drug traffickers, and terrorism.

### **Continuum of Care Work Group Minutes (11:00 – 12:30)**

#### **COC Assets and Gaps Report 2017; Catalina Kirsch**

- See attached handout: Summary of Continuum of Care Assets and Gaps Scan 2017

#### **Intervention Priorities and Opportunities:**

- Carroll County has limited activity related to Harm Reduction / Syringe Access. Contact Ryan Fowler at RAPS - part of Harm Reduction Coalition-needle disposal – contact Ryan Fowler <RFowler@granitepathways.org> for more information or contact Dean LeMire, New Hampshire Harm Reduction Coalition, (603) 205-4275, dean@nhhrc.org
- Carroll County has limited activity related to employer based intervention. Update: New EAP (Employee Assistant Program) at Huggins Hospital. If you have more information about employer based initiatives, please share with Catalina Kirsch.

#### **Treatment Priorities and Opportunities:**

- Catalina collaborated with Memorial Hospital to bring money to the county through IDN; VNA, Saco River Medical, Children Unlimited, CCJ
  - Care Coordination Staff at Saco River
  - Parenting Education at Carroll County House of Corrections
  - Childcare Scholarship at Children Unlimited
  - Staff education at CCVNA
- Primary Care has staff turnover going through administrative changes – some patients being seen at Huggins
- Huggins is working to identify a Physician Champion to provide MAT at their facilities-include provider training, etc.
- Expansion of IOP at White Horse is an identified county asset
- Trust Program at Carroll County Jail is an identified county asset

- Limited access to inpatient treatment is an identified gap. Update: Green Mountain has some limited access to select Medicaid plans, and accepts Blue Cross and Harvard Pilgrim
  - Safe Harbor has worked with them and find them a wonderful organization to work with positive feedback from those they place there
  - Provides transportations
  - Catalina will reach out to involve them in more C3PH initiatives.

#### **Recovery Supports Priorities and Opportunities:**

- MWVSR just a few more items to complete for the Town to approve occupancy permit
- White Horse has van for transportation with limited service for program participants.

#### **Roundtable share of updates**

- Nov 17 Police Chief Forum in RI – 2 of panels Plymouth County and North Hampton MA; Plymouth MA computer program – all treatment providers to receive a daily blast on where the OD were the night be before – Recovery Coaches, ununiformed PD can follow up on cases
- White Mountain Restorative Justice starting Feb 1<sup>st</sup> –goal to take referrals for assessments – discounted rate of \$350.00 for Drug and Alcohol Screen within a psychosocial model. Self-pay is typically >\$500-800. 2 LADCs are on board to participate. Seeking to develop 2 forums. If you are interested contact Lance
  - Education Forum in March for PD
  - Large Scale Community Dialogue on Marijuana Forum to come soon
- Safe Station in Carroll County –
  - There is some interest in exploring how to do Safe Stations in our rural northern communities. Barriers include need for 24/7 coverage as well as placement for emergency housing and then treatment.
  - Emily Benson working on alternative to Safe Station for our county
  - Doreen Shockley has resources related to “Non-Safe Station” alternative models done in other parts of NH to meet this concern. C3PH (Emily and Catalina) will follow up with Doreen to gather more information

Adjourn 12:30

#### **Next Meeting:**

**Tue, Feb 6, 9-12:30, Cook Memorial Library, Tamworth.**

## Addendum: SMP Work Plan Update

### CARROLL COUNTY REGIONAL PUBLIC HEALTH NETWORK

#### Substance Misuse Prevention Leadership Team

#### 2018 Work Plan Progress Highlights

##### **Youth Empowerment**

*Six students from Kingswood Regional High School and Kingswood Youth Center attended the NH Teen Institute Summer Leadership Training in July. They are now members of the Kingswood Peer Outreach Program. Several members have applied to become Youth Advisors to the NH Teen Institute program. Three middle school and three high school students who are part of Kingswood Youth Center presented at the Straight Talk: A Call to Action forum in Wolfeboro.*

*Students returning from the Teen Institute Leadership Institute requested the formation of an Alateen group for students experiencing parental alcohol and/or other drug misuse. A work group consisting of a student, school social worker, school counselor, Alanon members and C3PH staff is working to bring a peer support group to the Kingswood student community.*

*Students also requested that there be an Alcoholics Anonymous meeting geared for young people established in Wolfeboro. C3PH staff have been in touch with Eric Moran of the Shed to explore options.*

##### **Public Forums**

*August 17, 2017 Faith Forum **Team Wolfeboro**: Bob Batson and three members of the Wolfeboro Christian Church have established Team Wolfeboro to address substance use disorders issues in the Wolfeboro community. During the summer, 90 people attended a faith based forum at the church to learn more about the extent of the problem in our community and efforts of community partners in place to help address the issues resulting from the misuse of illegal substances.*

*November 20, 2017 Straight Talk: A Call to Action was held in November with just under 50 participants. The purpose of this forum was to provide information to the general public and to enlist additional participation in the prevention efforts in the community. **Huggins Hospital** was the lead agency. **Team Wolfeboro** and **C3PH** were partners. Susan Houghton was the facilitator. Presenters included Chief Dean Rondeau of the Wolfeboro Police Department, Matt Tetreault for the Governor Wentworth School District, Zachary Porter, Mara Michnu and students from the*

Kingswood Youth Center, Susan Houghton with the Health Care perspective, and Melissa Fernald, LicSW, MLADC.

**Coalition Development**

Huggins Hospital has joined with Team Wolfeboro and C3PH to establish the **Eastern Lakes Region Coalition for Healthy Families**. Susan Houghton of Huggins has been instrumental in organizing this fledgling coalition. More to come.

**Drug Take-Back Days:**

*Total 2016: 11 Boxes @ 315.3 lbs. (5 departments, 2 events)*

*Total 2017: 31 boxes, 765.8 lbs. (7 departments, 2 events)*

*In 2017, two Take Back Days were held (April 2017, October 2017)*

*April: 22 boxes with 527.6 #s of unwanted medications collected (5 departments)*

*September: 9 boxes with 238.2 # of unwanted medications were turned in. (6 departments).*

*Although seven departments collected, only four departments turned these in due to weather on the day the DEA collected the results.*

*Wolfeboro has just installed a 24/7 medication drop box in the police department lobby.*

***Now there are 24/7 drop boxes in Conway, Moultonborough, and Wolfeboro.***

**Overdose Deaths – Carroll County**

<b>2013</b>	<b>4</b>
<b>2014</b>	<b>9</b>
<b>2015</b>	<b>22</b>
<b>2016</b>	<b>16</b>
<b>Jan 1 through Nov. 17, 2017</b>	<b>8 (96 cases pending)</b>