



### **C3PH Public Health Advisory Council Meeting Minutes**

**Date:** Tuesday, June 11th, 2018

**Time:** 10:00 am – 12:00 pm

Runnells Hall, adjacent to Chocorua Library, on Deer Hill Rd/Rt. 113 in Chocorua.

Minutes: Jennifer Selfridge

**In Attendance:** Cheryl Kimball, Huggins Hospital; Catalina Kirsch, C3PH; Marianne Jackson, Gibson Center; Julie Everett Hill, White Mountain Community Health Center; Wendy Lee, Hope House; Terri Spinney, Hope House; Joy Gagnon, UNH Cooperative Extension; Laura Boucher, NH Listens; Carrie Portrie, NH Listens; Monika O’Clair, Huggins Hospital; Lance Zack, White Mountain Restorative Justice; Melissa Fernald, GROUPS; Jennifer Selfridge, C3PH; Victoria Laracy, Mount Washington Valley Housing Coalition; Arlene Fogg, Town of Wakefield; Jeffrey Jones, C3PH.

10:00-10:15: **Welcome and “Once Around the Table”** Catalina Kirsch, Facilitator

Before introductions, Catalina read a statement from Mary Reed, Senior Director of Public Health for Granite United Way and C3PH:

“We have made a verbal offer of employment (for Public Health Advisory Council Coordinator) to Caleb Gilbert and he has accepted. His anticipated start date is September 18th. He holds a master’s in social work- MSW and is a Certified Prevention Specialist. He is also a Certified SAMHSA Substance Abuse Prevention Skills Training Facilitator, Certified SAMHSA Prevention Ethics Training Facilitator and a Community Resilience Facilitator. We look forward to Caleb joining our team and we keep you all updated through the process. We will be bringing Caleb around the County to introduce him to all of you shortly.”

10:15-11:15: **Tri-County Community Action Program a Community Needs Assessment (CNA)**

Tri-County Community Action Program is conducting a Community Needs Assessment (CNA) that focuses on collecting information from clients, partners, and staff on TCCAP’s five priority areas. The group was facilitated by New Hampshire Listens group: Carrie Portrie, Laura Jamison, and Marilinne Cooper:

- Early childhood development and education
- Substance abuse -- resilient families and communities
- Support for healthy aging
- Economic security and opportunity
- Building safer, healthier and more accessible communities

The process, led by NH Listens staff, Carrie Portrie, Laura Jamison, and Marilinne Cooper included a review of Group Norms and created opportunities members of the advisory council to meet one another. Small groups shared community and personal perspectives of the *most significant challenges, resources currently available to address challenges, and potential remedies for existing gaps* in meeting the needs of Carroll County citizens.

In the reports from the three small groups, it was noted that the issues identified were well known to the PHAC group, and that there are no easy solutions to some of the challenges facing the region. Views expressed on the nature of the region were that it is rural with limited services. The information is being compiled along with staff and client survey results, customer satisfaction assessments, and focus groups from the three counties TCCAP serves. TCCAP will analyze the data and will release a report sometime in October.

It was noted during the meeting that this assessment is one of several that will be taking place in the Carroll County region this year. Both Huggins and Memorial Hospital are conducting their assessments as part of their three-year cycle. The current prevention strategic plan expires in June 2019 and the Prevention Leadership Team/Continuum of Care work group will be developing a new strategic plan that aligns with the Community Health Improvement Plan (the CHIP), the state prevention plan, and as appropriate, the hospital plans. There was agreement among the participants that all entities should be sharing data among the organizations.

In the wrap up discussion, Marianne Jackson suggested an AARP resource book, Where We Live available on AARP website. <https://search.aarp.org/gss/everywhere?q=where%20we%20live>

11:15-11:45                    **Community Health Improvement Priority Updates:**

Abbreviated updates were shared with the group.

**Aging with Connection and Purpose**

Victoria Laracy announced two upcoming events addressing the housing challenges in the Mt. Washington Valley. FMI contact Victoria Laracy [vlaracy@mwvhc.org](mailto:vlaracy@mwvhc.org), <http://www.mwvhc.org/events.html>

**1. MWVHC Members Breakfast**

Friday September 21, 2018

8:30 am - 10:30 am

The Red Jacket, North Conway NH

Please join MWVHC members for a breakfast discussion on the state of housing and the economy in the Mount Washington Valley with your local elected officials and this year's candidates.

8:30 am - Breakfast

9:00 am - Welcome and State of Housing in MWV

9:10 am - Candidate intros

9:20 am - Upcoming Legislation

9:30 am – Brainstorming

10:05 am - Candidate thoughts

10:25 am – Closing

We hope you will be able to join us. Please RSVP to [Vlaracy@mwwhc.org](mailto:Vlaracy@mwwhc.org)

2. **Design Day for 2018 MWVHC Workforce Housing Design Charrette!** October 25th! Contact Victoria Laracy ([Vlaracy@mwwhc.org](mailto:Vlaracy@mwwhc.org)) for more details.

### **Early Childhood and Early Parenting Support**

Crossings, a bereavement support group for children ages 4 to 18 and families that has been operating in Conway at the Children’s Museum is expanding its program to the Ossipee Crossing Child Care Center in Center Ossipee. Crossing services are free. For more information, contact Julie Lanoie at the Visiting Nurse Home Care & Hospice of Carroll County and Western Maine at 603-356-7006 or 800-499-4171

### **Access to Comprehensive Behavioral Health Services/Continuum of Care**

#### **Substance Misuse and Addiction**

Melissa Fernald, LICSW, MLADC has joined the staff of Groups Recover Together and will be providing the services at Endeavor House, 1620 East Main St., Center Conway. Groups offers medically assisted treatment with an extensive counseling and support system. Contact [joinGroups.com](http://joinGroups.com) (800-683-8313) for more information.

There will be another DEA Take Back Day October 27<sup>th</sup>. The public will be able to drop off unwanted or dated medications at collection sites throughout Carroll County. To date, the following law enforcement agencies have signed on for the 27<sup>th</sup>: Bartlett, Jackson, Madison, Wakefield and Wolfeboro. More sign on each day. There are also four permanent medication drop off sites in the county in the lobbies of the Conway, Madison, Moultonborough and Wolfeboro Police Departments. Watch the C3PH Facebook page for updates, or go to [DEA.gov](http://DEA.gov), plug in your zip code and the number of miles you’re willing to travel and find other sites near you. The DEA site will go live on or about October 1<sup>st</sup>.

### **Other Updates**

- SAU 9 is hosting the Governor’s Council on Diversity who will facilitate an informational discussion on September 27, 2018 from 6:30 – 8:00 at Kennett High School. The community is invited to participate. (for more information, [www.governor.nh.gov/diversity](http://www.governor.nh.gov/diversity), [rogersjohnson@yahoo.com](mailto:rogersjohnson@yahoo.com))
- Monika O’Clair of Huggins reports that they are hiring a [Patient Service Coordinator](#) who will be working in the communities served by the hospital. The coordinator will work with patients who need services to provide a warm handoff to other service agencies that can provide the needed assistance. She also reported that the hospital needs assessment will be taking place this year.
- White Mountain Community Health is looking at alternative funding for its insurance navigator. The federal funding for these positions was recently discontinued. In the meantime, there is a social worker, based at the health center, who will work with patients needing assistance in accessing services. According to an email from Julie Hill, “the navigator program has been discontinued and we have applied for a new assistance program via [Counselor Designated Organization](#); our former navigator will then serve as a Certified Application Counselor. We are hoping that this transition will be complete by October.”

- Joy Gagnon will be providing her crock pot series, which includes a family dinner, for families in the Paul School, Madison Elementary School and Conway Elementary. The programs in Wakefield and Conway will include 4H-led activities for kids while their parents attend cooking classes. For more information, visit <https://extension.unh.edu/programs/nutrition-connections>
- Granite United Way's Days of Caring are taking place September 12<sup>th</sup> in their central region (Southern Carroll County) and September 14<sup>th</sup> in the Northern Region. The Kingswood Youth Center in Wolfeboro and Believe in Books in North Conway will receive extra hands to help with their organization needs from Granite United Way volunteers.
- Marianne Jackson and the Mount Washington Valley are providing a symposium for caregivers in November. She also reminded the group the Gibson Center is working with the Mount Washington Valley Housing Coalition to consider the Age Friendly Communities initiative. They are looking to develop a comprehensive plan for moving in that direction in the next 6 months. For more information, contact Marianne Jackson [mjaxnmd@gmail.com](mailto:mjaxnmd@gmail.com) .
- Hope House staff reported that there are currently four families in residence, and they expect to be at full capacity (7 families) shortly. They have encountered a challenge finding transportation for those in need of immediate mental health services. For more information, contact <https://www.housingbenefitsnh.org/wolfeboro>.

**Upcoming Meeting Dates:** 2018 Annual Meeting will take place on

Thursday, November 29<sup>th</sup> from 9-2pm at Camp Calumet, 1090 Ossipee Lake Rd, Freedom, NH 03836