

CARROLL COUNTY COALITION FOR PUBLIC HEALTH

An Initiative of Granite United Way

Carroll County Roundtable Meeting Minutes June 14th, 2016

Once Around the Table

Clara Eastman, Rite Aid; Mark Riley, GMTC; Danielle Koffenberger, Memorial Hospital; Amy Kuzma, Tri-County Transit; Victoria Laracy, WMVHC/WHVRC; Joy Gagnon, UNH Cooperative Extension; Janet Williamson, Huggins; Shannon Quinn, Child Care Aware NH; Christine MacDonald, WMCHC and VNHCH; Lisa Zack, DHHS/NHCA; Laura Costello, WPS; Alyssa Hicks, CCHOC; Jason Henry, CCHOC; Ian Phillips, CCHOC; Ken Robichaud, CC Administrator; Marianne Johnson, Gibson & Community Health Collaborative; Aislinn Pluta, G.A.L.A; Mary Reed, GUW; Jessica Rosman, C3PH; Jennifer Selfridge, C3PH; Mariana Phair, WPS; Wesam Mahmond, WPS; Erika Bresette, WPS; Tom Howland, Abundant Blessings; Donna Desmarais, Strafford County WIC/Goodwin Community Health; Riona Carr, GCH-WIC & CSFF; Arlene Fogg, Welfare Admn; Helen Higgins, CCNH; Lance Zack, WMRJ; Rebecca Ayers, Recovery Coach; Schelley Rondeau, CNHVNA-Hospice; Kera Favorite, Huggins Hospital; Julie Lanoie, VNS Carroll County; Pamela Clay-Storm, SAU9 School Wellness;

White Mountain Regional Collaborative

Victoria Laracy

- In May 2012, the MWV Chamber of Commerce (MWVCC), MWV Housing Coalition (MWVHC), MWV Economic Council (MWVEC) reviewed employment, income, housing, and demographic data to assess the overall economic health substantiality of the region
 - Identifying Regional Priorities, Actions, and Measures: Ensure a Skilled and Ready Workforce, and Examine Land Use and Infrastructure, Transportation, Economic Growth.
 - Upcoming Workgroup Meetings:
 - Economic Development: June 29 , 8:30-10:00am at Tech Village, 53 Technology Drive, Conway
 - Land use Infrastructure Meeting: November 18th, 8:30-10:00 at Tech Village
 - Conway Pines Senior Living – affordable senior housing. Tent. opening August
 - Link to PDI Data Report
http://www.mwvhc.org/uploads/5/6/4/6/56460893/mwc_final_report.pdf
For more information about the MWVRC contact Victoria at victoria@mwvrc.org

Emergency Preparedness

Jessica Rosman

- State of NH Most Valuable Partner in Emergency Preparedness Award to Janet Williamson
- Community Health Improvement Plan – Emergency – integrating behavior health needs of the populations –

- Complete trainings in Functional Needs Support Services and Psychological first aid – trained this year 20-55 more volunteers trained
- Bring together Community Emergency Personnel the area for a drill – plans are in place – drill performed at Kennett High on April 23rd for point of dispensing.
- EP share information, emergency management to talking about threats in the area- open for training will come to your organization, your community
- Email MRC@c3PH.org to volunteer for C3PH – waivers to be completed for kinds under 18
- Statewide Emergency Exercise in August - Kennett Key Club helping by being patients at the August exercise

Addiction Free Families

- 4 Naloxone Trainings have been completed in Carroll County
- 6 moms involved in **New Life @ Memorial** and **Healthy Families America**
- Recovery Coach Training in CC – 13 completed academy training at **WhiteHorse Treatment** – Rebecca Ayer – overdose trends are in Carroll County – Recovery Community needs more support/coach –no place for them yet, conversation should be starting about a centralized place for the Recovery Coaches, Memorial Hospital a possibility?
- SBIRT (screening, brief intervention and referral to treatment) and Motivation Interview Training provide through **White Mountain Community Health**
- SBIRT and alternate sentencing through **White Mountain Restorative Justice**
- **PAARI (Police Assisted Addiction Recovery Initiative: paariusa.org)**– out of state treatment beds access – bus tickets, transportation, working to connect our law enforcement who have enrolled with the program to local options for addiction recovery and supports such as recovery support coaches
- **Dartmouth Hitchcock providing**– Free Aids Testing – Monday June 27th , Tamworth Community Nurses
- **Carroll County Jail** – seen the need for services focused toward rehabilitation, jail development with a realistic measureable treatment program – evidence based treatment services for high risk offenders, higher mental health/LADAC to the staff – cognitive rehabilitation education classes, job skills, resume writing, work with the courts for longer sentencing to being the programs toward Electronic Monitoring, work release case manager assigned to transition back into the community. Partnership with probation. Program to be up and running by the Fall.
- **Statewide Drug Court Grant** to be signed by Maggie Hassan today:
<http://governor.nh.gov/media/news/2016/pr-2016-06-14-drug-court.htm>

Mentally Healthy Families

- **SAU9 Health and Wellness Committee**– connected with NH Office of Student Wellness: <http://www.nhstudentwellness.org> , Narcan avail to nurses, Trauma Informed training provided by Laconia to students through yoga, will implement in school this fall, Life of an Athlete already underway, RENEW Program: http://iod.unh.edu/Projects/renew/renew_main.aspx
- **Memorial Hospital** – “Lets Go” program adopted by Conway School District: <http://www.lets-go.org>
- Lance Zack attending workshop on Athletic Programs supports this work
- YRBS results 26.6% of kids felt sad or hopeless for 2 weeks or more, 70-80% will not talk to our parents about difficult uncomfortable issue, identifies importance of ensuring all children have access to an adult they feel comfortable talking to and ways to identify behavioral health issues early

- **Cher Sullivan at C3PH** working to maximize what we have for mental health bringing resources together, including support for business scheduled June 27th 9:30-12:00 at North Conway Water Precinct tailored for businesses, how they can help their employees, mental health providers will partner with business owners to help sustain workforce.
- Program Pathways to Youth Success offered at White Mountain Community Health Center another great peer support model for kids led by Trish Jacobson:
<http://www.whitemountainhealth.org/index.php?mact=CGStaff,cntnt01,detail,0&cntnt01articleid=30&cntnt01returnid=50>
- **Families in Transition** – homeless kids – planning and zoning board passed and housing 7 homeless families in Wolfeboro: <http://www.fitnh.org> Could we have a location identified in Northern Carroll County someday?

Early Childhood and Parenting Support

- **Carroll County Early Childhood Coalition** – provide all children entering kindergarten are ready to learn an strive
 - Developmental screening – Watch me Grow supported, but challenges are being addressed regarding training and data entry
 - Jackie Sparks retired. Joanne Kelly interim Executive Director of Children Unlimited
 - 292 Screenings as of the end of last year, still tough – primary care practices, difference screenings being used not all “Watch Me Grow” – Emily Benson taking part in NH Pediatric Improvement Partnership Steering Committee
 - KREADY program – SAU9 & 13 – brining Preschool and Kindergartens teachers together - Believe in Books last year 181 kids to 356 kids county-wide this year.
 - Space is available in TCCAP Conway and Ossipee Head Start Home Visiting programs for next school year. Please spread the word to families

Aging with Connection and Purpose

- Reduce the number of preventable hospitalizations and Advance Care – both hospitals and Gibson Center focused on the preventative measure addressing Advance Directives and End of Life care.
 - Falls Programs and Matter of Balance Programs at both Memorial Hospital and Huggins Hospital
 - Advance Care Planning –educating mental health and the community.
 - all of Memorial Hospital and VNA staff have been trained
- “Being Mortal” event will presented through White Mountain Community Health Center, more details to come. Based on the book “Being Mortal”: <http://atulgawande.com/book/being-mortal/>
- ElderCare Wraparound – aging populations increasing – there will be more elderly then working people, group focused on increasing number of homehealthcare workforce. Next meeting July 12th 1-3pm at TCCAP in Tamworth
- Good Morning Programs in some counties, Neighbor Care Program in Jackson:
http://www.jackson-nh.org/Pages/JacksonNH_WebDocs/Jackson%20Neighbor%20Care%20Program
- Carroll County has the largest # Veterans –“Ask the Question” statewide initiative.
<http://askthequestionnh.com>
- “Nine to Ninety” Documentary – real family on real directives – Central VNA sponsored showing it is on line but contact Brian in HR at Central VNA if you are interested in a screening:
<http://www.ninetoninetymovie.com>

Add'l Resource

- C3PH Calendar of Events: <http://www.c3ph.org/event-calendar>
- Community Health Resources Website – aligns with 211 – local knowledge and connects with 211 – will be coordinated with our resource guide: <http://carrollcountyresources.weebly.com>
- Emily is in the process of updating C3PH's Community Health Improvement Plan: https://cdn2.hubspot.net/hubfs/415484/Prevention_Images/Carroll_County_Promise_2020_.pdf
based on recent results of hospital Community Health Needs Assessments. A full update will be ready to review at the September meeting of the Roundtable.

NEXT MEETING: Tues. September 13th

Tues Dec. 13 Annual Meeting event planned, hope everyone can attend!