

Carroll County Roundtable

Meeting Minutes

March 8th, 2016

Attendees: Shannon Quinn, Child Care Aware of NH; Bob Evans, Conway Area Lions Club; Janet Williamson, Huggins Hospital; Jennifer Selfridge, C3PH; Kim Demes, Merriman House; Howie Chandler, Mtn View Commons; Donna Desmarais, Goodwin Community Health; Arlene Fogg, Town of Wakefield; Sue Marjerison NHEP WPS CC; Aislinn Pluta Global Awareness Local Action; Lisa Zack DHS/NHEP; Alyssa Hicks, NHEP WPSCC; Marianne Jackson, VNHCH, Gibson, Memorial; Marian Gill, Service Link; Chuck Henderson, Sen. Shahee; Bob Champagne, Senior Center & Meals; Lance Zach, WMRJ; Nicole Milewski, 7-11; Jane MacKay, Northern Human Services; Jackie Sparks, Children Unlimited, Inc. Julie Lanoie, VNS Hospice of Carroll County; Christine MacDonald, WMCHC & VNHCH; Schelley Rondeau, Central VNA Hospice; Jennifer Haskell; Deb Tibbetts, Rite Aid-Wellness Ambassador; Theresa Cain, Rite-Wellness Ambassador; JoAnne Rainville, Tamworth Community Nurses; Moniko O'Clair, Huggins Hospital; Nicole Hoyt, Huggins Hospital; Douglas Wymann, Sandwich Police; Leslie Stanicki, Partners in Health of Carroll County; Amy Zuzma, Tri-County Transit; John White, Starting Home, Cheri Sullivan, C3PH; Michelle Ward, C3PH; Emily Benson, C3PH.

I. **Carroll County Coalition for Public Health Update**

[*PPT Slides](#)

II. **White Mountain Restorative Justice**

Lance Zack Contact: wmrjustice@mail.com

Restorative justice was run by Tri-County CAP - open independently 2nd week of Feb they are a grass roots organization, paradigm for Justice System focused on creating a shift of personal accountability and repairing the harm in addition to alternative sentencing- ensuring the needs of victims are met

PROGRAMS

- Juvenile Diversion
- Alternative Sentencing
- Mediation
- Victim Offender Mediation

Lots of referrals coming in since start up a month ago, 90% of alternate sentencing comes from court/law enforcement. Refers out treatment, most LDAC are 2 month waiting, doesn't not fit the 90 days required by court.

3 months after offering Juvenile Diversion Training will be offering mediation training - hope to have volunteers to keep cost down

III. CHIP PRIORITIES

Emergency Preparedness Across the Life Span

- Statewide Drill dispensing centers, preparing in towns - set for August

Mentally Healthy/Addiction Free Families

- Narcan Distribution - education and distribution happening throughout county - avail at all Rite Aid can bill insurance-no prescription - Pharm. Consult with persons requesting. Free at Memorial, Tamworth Community Nurses, White Mt. Community Health
 - C3PH can come to train staff contact Jennifer Selfridge
 - kit contains 2, some cases not enough due to the Fentanyl
 - Will not be arrested if called for help on a overdose with exception to homicide, domestic violence- other than being high as well
 - Police are seeing more Fentanyl than Heroin
 - Storage important- temperature regulator
 - Need to call 911 some wake up combative - additionally Narcan is not for all drugs emergency services have other counteractants they can administer
- White Horse running a Recovery Coach Training beginning **March 21st registration deadline Friday Mar 11th.**
- Prevention in schools will be a focus for the next 3 months -stay tuned - contact Jennifer Selfridge with questions/suggestions
- GateKeeper Suicide Training in Tamworth - Free but must call office to register 323-8511 **March 12th.**
- Kennett High School Prevention - **April 5th** - focused on next steps, what to do when in situation as a student and/or parent.
 - Resources being put together for Parents and Students
 - All school districts have school resource officers, guidance -usually split between High School and Middle School
 - Elementary - does not have a resource officer but school nurses
 - Contact your local police department to identify your local SRO

Aging with Connection and Purpose

- Fall Reduction
 - Memorial Hospital Matter of Balance - in the Spring - Train the Trainor March - press release/promotion going out next month
 - Gibson Center has ongoing training on Fall Reduction
 - Limiting/eliminating Hospital Stay - neighbor support
 - Tamworth Meals on Wheels

- Sandwich/Wolfeboro/Sheriffs Office - Project Good Morning - elderly shut ins will call M-F - if they don't call office dispatch for check in
 - Substance Abuse among elderly contact REAP though Northern Human Services
- ServiceLink - Benap/Carroll County
 - Aging/Disability Resource Center
 - Long-term Care/In-Home Care
 - Medicaid/Medicare
 - “Ask the Questions” - veterans, etc
 - Caregiver Grants
- **Early Childhood and Planning**
 - Wolfeboro signed up for Well Care
 - Increase screen early childhood
 - New Life Program at Memorial start **March 8th**-Women in addiction and pregnant
 - Kindergarten Registration Transition **March 30** at Conway Library
 - Mindful Meditation at Brett School - provided by Tamworth Nursing
 - Tri County Transit - door to door \$3-5, also long distance
 - Summer Rec/Programs send to Jennifer Selfridge, C3PH will work on putting on our website

Resources

- www.c3ph.org website to be update with all priorities
- www.carrollcountyresources.weebly.com
- www. Servicelink.nh.gov
- Northern Human Services - REAP Program