

## Carroll County Roundtable Meeting Minutes

**Date:** Tuesday, March 21st, 2017 (*new date due to snowstorm!*)  
**Time:** 10:00 am – 12:00 pm  
**Meeting Leader(s):** Emily Benson, Carroll County Coalition for Public Health, Public Health Advisory Council Coordinator

**Note New Location:** Runnells Hall, 25 Deer Hill Rd/Rt. 113 in Chocorua adjacent to the Chocorua Library

### Welcome:

Michelle Ward, C3PH&MWV Supports Recovery; Jennifer Selfridge, C3PH; James Stoddard, CCDOC; Alyssa Hicks, CCDOC; Doreen Shockley, Granite Pathways; Jenn Moshiak, WMCHC; Kim Mohan, New England Rural Health Roundtable; Heather Phillips, MWV Regional Collaborative; BJ Parker, Town of Conway; Cathy Livingston, Family Connections; Sarah Wright WMCHC; Clara Eastman, Rite Aid; Marian Gill, Service Link; Chuck Henderson, Sen. Shaheens Office; Sue Thistle, Whitehorse

- **IDN update:** Full IDN Meeting 3/23, Steering Committee and 4 Workgroups have been meeting on a regular basis. For complete info on IDN work: <https://www.dhhs.nh.gov/section-1115-waiver/>

### Data Workgroup:

- Health Information Technology Requirements (HIT) - The Statewide HIT Taskforce has been working to establish minimum, desired, and optional HIT requirements needed to achieve the goals of the Demonstration Savings Reform Incentive Payment (DSRIP) program. Part of this process is to recommend a vendor that will improve the integration of behavioral health and primary care at a regional level, across regions, and statewide. Each IDN Region will be working to incorporate these requirements at the regional level as feasible. Region 7 IDN Data Workgroup has members that have been part of this Statewide Workgroup, and has been meeting at the regional level to discuss these requirements. We have conducted a regional HIT assessment to see current status.
- Performance Metrics – NH Department of Health and Human Services (NH DHHS) has been working to determine what performance metrics will be measured over the course of the DSRIP project, and how these metrics will be gathered. Again, Region 7 IDN has been part of this process, and the data workgroup has been reviewing these metrics and giving feedback

### Clinical Workgroup:

- HIT Requirements – The Clinical Workgroup has been involved in the discussions around HIT requirements and how specific vendors will impact workflow
- Performance Metrics - The Clinical Workgroup also has been involved in the Performance Metrics discussion
- Core Standardized Assessments - The Workgroup has briefly discussed Core Standardized Assessments and what is currently happening at a regional level. There

will be significant focus on this topic moving forward as we work to improve integration between behavioral health and primary care

**Community Engagement Workgroup:**

- Communication plan – The community engagement workgroup has been working to identify the different target audiences with the IDN and how best to communicate with each of these audiences. What do various groups need or want to know to stay informed? The group is working on a newsletter, some brief documents that will help explain the DSRIP project a bit easier, press releases and other communication tools to keep everyone connected.
- Website – the Region 7 IDN website is still underway. It will be rolled out soon
- Basecamp - Basecamp is an online project collaboration system to help manage projects and organize documents in one place. Basecamp will be set up for our partners to have access to project descriptions, work plans, updates, working documents, minutes, etc.

**Financial Workgroup:** Reviewing of IDN Sub-Recipient proposals, Budget, Next steps

**Steering Committee:** Reviewing of IDN Sub-Recipient proposals, Budget, Next steps

The work mentioned above is just highlights of what the various workgroups have been working on. Staff at North Country Health Consortium have been busy attending and convening meetings, and working on gathering information needed for the next major deliverable, our implementation plan which is due on June 30, 2017. In order to get much of this information we have been reaching out to many of our partners to get baseline information and this will continue over the next few months.

- Proposal for RPHN contract sent to state 3/15, expected response by end of March

**Aging**

- Bill Phelan: Blue Loon Mobility Manager, replaced Amy Kuzma. He can be reached at [wphelan@tccap.org](mailto:wphelan@tccap.org) .
  - LDM Program – long distance medical transportation program in NH. VT and ME hope to add MA at some point too – just needs staff and funds
  - If ride needed, call dispatch and try to match with driver, need 48 hours' notice or more –if person is on Medicaid may be reimbursed
  - Carroll County Regional Coordinating Council meeting April 5, 2017, 1:30 - 3:30PM at Northway Bank, W. Ossipee, NH, option to address Ride Share initiatives
- Marianne Jackson:[mjaxnmd@gmail.com](mailto:mjaxnmd@gmail.com) and Joan Lenoie: working on a number of Advanced Directives programs, workshops and presentations around the southern part of the county, still looking to present to many more provider groups and local community organizations. Please contact Marianne if you would like to have a presentation to your organization!
  - MountainView Nursing Home and Huggins Hospital are coming up.
  - Taylor Retirement Community Center 2 sessions for residents and family on April 5<sup>th</sup>.
  - May 2<sup>nd</sup>: Busting Myths talk to the Meredith Bay Colony Club on May 2 at 3:00 for staff and families and have an opportunity for a 20 minute radio infomercial in April.
  - Any interested in hosting: First Congregational Church in Ossipee?, Alton?, Wakefield Senior Center weekly for a Lunch and Learn?
- George Cleveland: April 17<sup>th</sup> event at Gibson Center about affordable assisted living facility in NORTHERN Carroll County. Will share meeting details when available.
- ServiceLink working with Assistive Technology in NH – different devices to help with daily living, pocket talkers, visual smoke alarms etc...people can try out for 30 days, will be outreaching to community

- Matter of Balance coming up in April and May at Memorial Hospital
- Lance Zack shared “Home Share” model in Vermont as an option to help seniors age in place: <https://www.homesharevermont.org/>
- BJ Parker reminded everyone that seniors and veterans can apply within their towns for property tax exemptions. Here is Conway’s information as an example: <http://conwaynh.org/departments/assessor/taxexemptions.pdf>

#### Emergency Preparedness

- March 24<sup>th</sup> C3PH presentation at Whitney Community Center in Jackson at 6:30pm about CERT
- Monthly meetings of Citizen Corp- 4<sup>th</sup> Wed of each month – this month at West Ossipee FD
- Number of naloxone training and dispensing throughout county
- “Helping Hands” Program at Kingswood High School – after 10 initial community service hours the additional hours a student provides qualifies them for \$ toward class dues, prom tickets, etc- Contact Sheryl Power at Kingswood for more information [power@govwentworth.k12.nh.us](mailto:power@govwentworth.k12.nh.us)

#### Chronic Disease

- [Let’s Go Program](#) in all SAU9 & SAU13 schools, some after-care and Early Childhood providers- focus on 0-18 age group
- Community Health Collaborative support Chronic Disease
- Health and Wellness Committee at Kingswood High School in Wolfeboro
- Huggins and Memorial- smoking cessation programs underway
- [Office of Student Wellness Department of Education](#) for additional resources
- [Partners in Health](#) – Leslie Stanicki at [Istanicki@whitemountainhealth.org](mailto:Istanicki@whitemountainhealth.org) is a state-wide program that provides support to families of children with chronic health conditions and to young adults themselves, regardless of income.

#### Early Childhood

- Developmental Screening increasing through Children Unlimited
- Home visiting increasing
- [VROOM](#) Implementation: Radio PSA begin today! ; app cards to home visitors, Family Birthing Center, New Life Program
- Bedrock Training opportunity: March 29<sup>th</sup> 2017 at SAU9
- Concern about changes in insurance programs for young children and families
- K Transition Night at Conway Library tonight (Tue. 3/21)
- KReady Program to all Carroll County kindergartners, [Believe in Books Literacy Foundation](#) donated 400 books
- Caregiver Grant program available through Servicelink – respite to caregivers- grandparent grant program (Donna Berube) – help pay for camp, clothes
- Barbara Ross starting FREE 4 week Parenting Class at Children Unlimited April 12<sup>th</sup> from 10-11:30am. For more info go to: [http://media.wix.com/ugd/46a17b\\_f2d998d1a2eb1adabf247d774e8655d4.pdf](http://media.wix.com/ugd/46a17b_f2d998d1a2eb1adabf247d774e8655d4.pdf)

#### Access To Comp Behavioral Health

- Catalina Kirsch: new Continuum of Care Facilitator. She can be reached at [continuum@c3ph.org](mailto:continuum@c3ph.org)
- Crossings Program: A program that recognizes and support children that is going through grief process for losing parents, grandparents and close family members. Program is a series of 6 weeks/6 sessions that can potentially continue 6 weeks, plans are still being formed. Julie Lanoie

is the Program Coordinator for this project and Children's Museums is the venue. Group had a large participation of volunteers in the trainings and has received donations for books and materials to perform activities with the groups.

### Substance Misuse and Addiction

- [Prevention Meeting Minutes from 3/21](#)
- Whitehorse Addiction Center \$75K from County, included in the CHIP- April 6<sup>th</sup> Dinner Auction at Brookwoods 5:00pm – 8:30pm; moving with IOP MWT 10:00-1:00, Dan Lavine doing 5:00 – 8:00 TWT; Recovery Center is open
- Regional Access Service update- 1 of 13 PHN –helps a person with a SUD or loved one to navigate the complex system, call 211, they can transfer person direct to NH Addiction Crisis Line which will then refer to regional RAPS: <http://www.granitepathwaysnh.org/rap/> . One of their goals is to for regional RAP's to have a physical presence in each region.
- Naloxone Trainings – 118 kits dispensed to date from C3PH, next Wakefield, Freedom, Tamworth, North Conway
- Sandwich Community Forum: Tuesday May 16<sup>th</sup> 9:30 to 4:00 at Sandwich Fairgrounds. More info to follow! This Forum is a open to all, providing information about the SUD programs and investments that have been created in response to the issues brought forward at the 2015 Community Forum.
- Trust Program at Carroll County Jail- 90 day program referred by court system, dual diagnosis, programing around mental health substance misuse – includes Case Management follow up and Parenting Classes.

### **Upcoming**

Visit our Event page to add the following to your individual calendars and/or view other events, trainings and meetings at <http://www.c3ph.org/events><http://www.c3ph.org/>

If you have an event, training and/or meeting you would like us to add to this calendar and spread the word through social media networks please send them to [Michellew@c3ph.org](mailto:Michellew@c3ph.org).

- Citizen Corp Monthly Meeting at West Ossipee Fire –Wed. Mar. 22nd
- C3PH presentation at Whitney Community Center in Jackson at 6:30pm about CERT – Fri. Mar 24th
- Bedrock Training opportunity at SAU9 –Wed. Mar. 29th
- [2017 Rural Health Conference; Transition in Healthcare at Attitash Grand Summit Mountain Nov. 16 & 17](#)
- Carroll County Regional Coordinating Council –Wed. Apr. 5th
- Whitehorse Dinner & Auction – Thur. April 23rd
- Affordable Assisted Living Facilities in NORTHERN Carroll County – Mon. Apr. 17th
- Busting Myth Talk at the Meredith Bay Colony Club- Tue. May 2<sup>nd</sup>
- Sandwich Community Forum-Tue. May 16<sup>th</sup>

2017 Meeting Dates: Quarterly on the 2<sup>nd</sup> Tuesdays: June 13<sup>th</sup>, Sept 12<sup>th</sup>. Annual Meeting will take place on Tuesday, Dec. 12<sup>th</sup> from 9-noon at Camp Calumet.

Minutes prepared by Michelle Ward, C3PH; posted at <http://www.c3ph.org/public-health>