



*View of Eaton, NH, from the shore of Crystal Lake*

## Summary of Accomplishments 2021-2022

### **Serving the Communities of Carroll County, New Hampshire:**

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro.

Carroll County Coalition for Public Health is an initiative of Granite United Way, and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the Community Health Improvement Plan (CHIP), which is developed using data on County health indicators and input from county health partners. The latest Carroll County CHIP, "Charting Carroll County's Course to 2025" was published in January of 2021 and can be accessed here:

<http://www.c3ph.org/initiatives/community-health-improvement-plan>

Carroll County Community Health Priorities, 2021 – 2025:

- Access to Comprehensive Physical Health Services
- Access to Comprehensive Behavioral Health Services
- Healthy Aging
- Healthy and Thriving Early Childhood Experiences
- Public Health Emergency Preparedness Across the Lifespan

THE C3PH NETWORK IS SPONSORED BY:

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# Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

## Access to Comprehensive Physical Health Services

The goal of this priority is to make access to physical healthcare services more well-coordinated, financially attainable, and expansive in Carroll County.

### Highlights from the past year:

- Partnered with Memorial Hospital to facilitate their monthly Care Transitions Teams, which brings together community and hospital partners to discuss important health priorities.
- Served on the Huggins Hospital Community Health Network Board.
- Served on SAU 9 and SAU 49 Wellness Committees.
- Assisted Memorial Hospital in conducting their Community Health Needs Assessment and assisted in facilitating the Community Engagement Forum.
- Participated in Community Engagement Focus Groups for Huggins Hospitals' Community Health Needs Assessment.
- Served as Chair of the Health Workgroup of the MWV Age-Friendly Community initiative.

## Access to Comprehensive Behavioral Health Services

The goal of this priority is to increase access to comprehensive prevention, intervention, treatment, and recovery services for behavioral health across Carroll County, NH.

### Highlights from the past year:

- Northern Human Services established its Mobile Crisis Services and began serving the people of Carroll County in January 2022. The NH Rapid Response Access Point also went live in January 2022.
- SAU 49 established the "the Governor Wentworth Regional School District System of Care: District Community Leadership Team" to support development of their Multi-Tier Systems of Support for Behavioral Health (MTSS-B) program. C3PH staff and community partner serve on this Leadership Team along with school Personnel.
  - SAU 49 also partnered with Northern Human Services to hire a School and Community Mental Health Liaison to connect students in need of mental health support to community resources.
- Facilitated cross-sector Youth Suicide Prevention Leadership Team as a part of the NAMI NH's "NH Nexus 2.0" youth suicide prevention project.
  - Jackson Police Department and NAMI NH collaborated to create and host a suicide risk assessment and response training for Law Enforcement Agencies in the County. This training was held in September 2021 at the Conway Police Department.
  - Provided access to NAMI CONNECT suicide prevention trainings for 494 partners in the County.

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- Moultonborough Academy participated in “Getting to Y” – a program that engaged students, faculty, and staff in analyzing 2019 Youth Risk Behavior Data and developing priorities based on the data. Students presented their findings and priorities to school leadership and the public and developed a plan to address three priorities: 1) Dating Violence 2) Student Mental Health and Suicide Ideation 3) Youth Substance Use, including use of electronic vapor products.
- Kennett High School hosted a student mental health fair that brought community resources to the school and offered a venue for students to interact with community partners.
- Established the Carroll County Substance Use Disorder Services Expansion Project. Highlights from the work completed under this project to improve the quality of substance misuse and mental health services include:
  - Partnering with the New Hampshire Harm Reduction Coalition for technical assistance and stigma reducing education for partners in healthcare.
  - Contracting with CHOICES Recovery to providing trainings such as: CRSW, SUD Recovery and Ethics, and Community Health Worker trainings.
  - Partnering with the North Country Health Consortium to provide trainings at no cost for professionals working in Carroll County.
  - Hosted a local non-profit Health Fair at the Mount Washington Valley Farmers’ Market. Mount Washington Valley Supports Recovery and White Horse Recovery used these events to normalize recovery services and promote their resources at a stigma free venue.
  - Supported hospital-based recovery coach programs at Memorial Hospital and Huggins Hospital and the newly implemented Mobile Crisis Unit which covers the entirety of our county.

## Healthy Aging

The goal of this priority is to make Carroll County a place where people can age well in the communities where they live.

### Highlights from the past year:

- Partnered with MWV Age Friendly Community, serving on the Steering Committee and Chairing the Health Domain.
  - Work under this initiative focuses on the following Domains: Health, Outdoor Spaces, Housing, Transportation, and Community Connections.
  - The Age Friendly Community includes the towns of: Albany, Bartlett, Chatham, Conway, Eaton, Freedom, Hart’s Location, Jackson, Madison, Tamworth, Ossipee, and Fryeburg (in Maine).
  - Town of Freedom grew its Senior Resources Coordinator program, and we engaged the Senior Resource Coordinator in the MWV Age Friendly Community and Healthy Aging Workgroup.
  - Started the “Warm, Safe, and Dry” program, which connects older adults to home repair resources, including resources provided by USDA Rural Development.
- Served on the Gibson Center for Senior Services Board of Directors.
- Partnered with the Gibson Center and the Conway Public Library to successfully apply for a National Libraries of Medicine grant and provided health literacy information and access to technology for telehealth and online health resources.

# Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

## Healthy and Thriving Early Childhood Experiences

The goal of this priority is to Make Carroll County a place where families can access resources to raise healthy and thriving children so they can live and work in the County.

### Highlights from the past year:

- Partnered with Children Unlimited Inc. and partners in Coos and Upper Grafton counties to form the Region 7 Early Childhood Coalition.
  - The Leadership Team is comprised of representatives from the Coos Coalition for Young Children and Families, Raising the Valley, and the Southern Carroll County Coalition.
  - Through this regional partnership we were able to bring resources to the region to support Early Childcare partners through:
    - Workforce development, recruitment, and retention of early childcare professionals.
    - Social Emotional Learning opportunities.
    - Strategic Planning and coalition/partnership building.
  - Southern Carroll County early childhood partners held a Strategic Planning Summit in May of 2022. Data and information gathered will inform the strategic plan for this part of the County.
- The Carroll County Diaper Depot Program was established to support families with emergency diaper and other baby hygiene needs. This program also offers emergency support for baby formula needs.
  - This is a partnership between: Children Unlimited Inc., White Mountain Community Health Center, Memorial Hospital, Huggins Hospital, Carroll County WIC, Ossipee Concerned Citizens, Head Start, the UNH Cooperative Extension, The First Congregational Church of Ossipee, and C3PH.
- Served on the Steering Committee of the NH Pediatric Improvement Partnership and the Head Start Health Services Advisory Committee.
- Facilitated and Coordinated “Building Resilience Mount Washington Valley” (more information here: <https://www.facebook.com/BuildingResilienceMWV>) and assisted the North Country Health Consortium in applying for a regional grant opportunity from the Health Resources and Service Administration – if awarded this will bring significant resiliency resources to the County.

## Public Health Emergency Preparedness Across the Lifespan

The goal of this priority is that Carroll County is prepared for all health hazards and public health emergencies.

### Highlights from the past year:

- Participated in Town Emergency Operations Plan Revisions with Conway and Eaton.
- Vaccinated the public with COVID-19 Vaccinations at Camp Robinhood, Wakefield Food Pantry, and Wolfeboro Falls.

## Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

- Conducted Regional Coordinating Council of Emergency Preparedness in August of 2021, November of 2021, April 2022.
- Inventoried Carroll County's Emergency Shelter trailers located in Bartlett and Tuftonboro.
- Received a Loseberger mobile, inflatable Tent from the Granite State Healthcare Coalition and stored the tent at the Carroll County Complex in Ossipee.
- Conducted Carroll County Citizen Emergency Response Team/Medical Reserve Corps/Citizen Corp quarterly meetings.
- Participated in Regional Public Health Network monthly meetings with NH DHHS, keeping apprised of pandemic status in the State.
- Conducted Influenza Clinics at schools:
  - 615 students vaccinated: ages 5 and older
  - 92 faculty staff vaccinated
  - 19 Schools
- Conducted COVID-19 Vaccinations at schools:
  - 767 students vaccinated: ages 5 and older
  - 714 faculty staff vaccinated
  - 17 Schools
- Coordinated and managed State of NH Booster Blitz Clinic(s) on 12/11/2021 & 1/8/2022
  - Booster Blitz on 12/11/2021 vaccinated 238 adults 18 years and older
  - Booster Blitz 2.0 on 1/8/2022 vaccinated 198 participants ages 16 years and older
- Assisted with Granite State Healthcare Coalition Leadership Team and participated in their Annual Conference.
- Participated in Granite State Healthcare Coalition Annual Hazardous Vulnerability Analysis.

