



View of Carroll County and surrounding areas from the summit of Mt. Chocorua

Summary of Accomplishments 2019-2020

Serving the Communities of Carroll County, New Hampshire:

Albany, Bartlett, Brookfield, Chatham, Conway, Eaton, Effingham, Freedom, Hale's Location, Hart's Location, Jackson, Madison, Moultonborough, Ossipee, Tamworth, Tuftonboro, Wakefield, Wolfeboro.

Carroll County Coalition for Public Health is an initiative of Granite United Way and we are funded by NH DHHS to be the Regional Public Health Network for all of Carroll County. Our work focuses on the health of the population and communities that make up the County. We work with all sectors that are invested in the health and wellbeing of the people of Carroll County.

The work we do is guided by the Community Health Improvement Plan, which is developed using data on County health indicators and input from county health partners. Our current CHIP runs until December 2020 and the revision process for the 2020 – 2025 CHIP is underway. The COVID-19 pandemic of 2020 has caused for us to rethink how we connect with partners to meet our mission, but we will continue to help Carroll County respond to and recover from this pandemic.

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Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Early Childhood and Early Parental Support

This priority seeks to provide for the optimal development of children and families living in Carroll County. Work done under this priority strengthened working relationships and built capacity among providers that serve young children and their families.

Highlights from the past year:

- Building Resilience Mount Washington Valley: Coalition of 8 community partners formed to address Adverse Childhood Experiences (ACEs) and build resilience in MWV Communities.
- Building Resilience MWV hosted the following educational opportunities: “Learning Collaborative Session to Address ACEs and Foster Resiliency in MWV” was delivered to 66 education, social service, and healthcare partners. A series of 4 “Ask the Experts” Facebook Live sessions were held with local partners and have accrued more than 5,000 views.
- The Southern Carroll County Early Childhood Coalition was formed in partnership with Central NH VNA & Hospice, regularly bringing early childhood partners serving the southern part of the County.
- Children Unlimited Inc. and their Family Connections Resource Center established as the administrator of Granite United COVID-19 Relief funds for the County, funds designated to help local families affected by the COVID-19 Pandemic.
- Partnered with Ossipee United Roundtable to serve Greater Ossipee by coordinating meal pickups and deliveries with SAU 49 and coordinating resources in response to COVID-19.
- Received Childhood Lead Exposure Prevention Funding, which will fund awareness and education activities in the County.

Access to Comprehensive Behavioral Health Services

(Continuum of Care for Substance Use Disorder and Mental Health Services)

Work under this priority increased awareness of and access to substance use disorder services across the County. This helped to build capacity and expand delivery of services in prevention, intervention, treatment and recovery services for substance use and mental health disorders.

Highlights from the past year:

- Collaborated with NAMI-NH, and local service providers to carry out awareness activities for suicide prevention when two local theatre groups presented the play, ‘night, Mother, a story about suicide.
- Carroll County House of Corrections Medication for Addiction Treatment program: Worked to inform and rally support from local stakeholder community when Carroll County House of Corrections faced barriers to providing access to Medication for Addiction Treatment.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

- Partnership in the 2020 Point in Time Homelessness Survey: unprecedented collaboration among service providers, churches, recovery centers, public health - resulted more representative count of homeless individuals, families, adolescents and children in Carroll County.
- Community response to Brick Manor Apartment Fires: participated in ad hoc committee of local agencies and concerned citizens to connect 15 families, 50 individuals total who were left homeless after an apartment building fire in Ossipee to necessary services.
- During the regional response to COVID-19, partnered with public health team to provide timely information and updates to stakeholders and actively partnered to sustain the work of various local coalitions and partners.

Substance Misuse and Addiction

Work done under this priority developed and maintained partnerships across all sectors to educate, build skills, and craft policies that support substance misuse prevention.

Highlights from the past year:

- All Carroll County high schools participated in the 2019 Youth Risk Behavior Survey and enough students participated so that the state could provide us with regional data. This data will serve as baseline numbers that can be tracked in subsequent years.
- While the Covid-19 Emergency Declaration resulted in the cancellation of a planned April Take Back Event, 695 pounds of unwanted and unused medications were collected during the October Take Back Day. Nearly all Law Enforcement agencies in the County participated in October.
- Active member of the SAU 49 and SAU 9 Wellness Committees.
- Planning for a third Carroll County Responds to Substance Misuse forum in June was well underway when Covid-19 Emergency was enacted. The planning team will reconvene when it is possible to do so to reschedule the event and review and revise planned content as appropriate.
- Vaping Unveiled Hosted virtually by Conway Public Library, in partnership with Breathe NH.

Community Health Improvement Plan (CHIP) Priority Areas & Accomplishments

Chronic Disease

This priority seeks to reduce disease incidence and prevalence in Carroll County by increasing access to healthy activities in the community and coordinating the efforts of providers that treat Chronic Disease.

Highlights from the past year:

- Partnered with 5210 Let's Go program of Memorial Hospital and the MWV Age-Friendly Community to expand access to physical activity through "100 Days of Wellness" initiative, promoting physical activity.
- Board Members of Huggins Hospital's Community Health Network, an initiative to coordinate patient care in the southern part of Carroll County.
- White Community Health received a grant to purchase home blood pressure monitoring equipment and pulse oximeters, improving care for patients with hypertension and COPD/Asthma at home through telehealth.
- Memorial Hospital instituted introduced virtual self-management courses for managing chronic health conditions.
- Steering Committee Member of IDN Region 7, working to increase care management and the integration of mental and physical health in the County.

Aging with Connection and Purpose

Work under this priority aligned the efforts of service providers to address issues related to aging in the County. Efforts related to this priority also increased awareness about Advanced Care Planning and increased the number of individuals who have completed Advanced Care Directives.

Highlights from the past year:

- Caregiver Expo was held in November of 2019, providing resources to those giving care to older individuals.
- Mount Washington Valley Adult Day Center opened in Conway in September of 2019.
- Partnered with MWV Age-Friendly Community, serving on the Steering Committee and Health Domain.
- Partnered with Ossipee United to disseminate information on accessing local resource to isolated elders and individuals in Ossipee, a project funded by the NH Charitable Foundation.
- Participated in an ECHO Project for Dementia Care, a group of 15 community elder service providers organized by the Gibson Center for Senior Services.
- Visiting Nurse Homecare and Hospice of Carroll County implemented a Palliative Care program.

Public Health Emergency Preparedness Across the Lifespan

Carroll County Coalition for Public Health recognizes that in order to protect and preserve the health of the people of this region, it is of utmost importance to be prepared for any health hazard that could arise. Work under this priority helped the people of Carroll County increase their resiliency through preparedness.

Highlights from the past year:

- Coordinated the State response to COVID-19 in the County. Activated the Multi Agency Coordinating Entity, assisted healthcare partners in establishing Alternative Care Sites, disseminated information on testing sites, and supported municipal planning and responses across the County. Collaborated with long Term Care facilities and Home healthcare agencies to develop closed PODS.
- School Based Flu Clinic: coordinated school-based flu clinic sites across the County, resulting in 702 students receiving influenza vaccinations in 15 schools.
- Coordinated the State response to Hepatitis A outbreak, established vaccination clinics targeting at-risk individuals.
- Offered Narcan training and distributions in the County.
- Coordinated Citizen Corps volunteers for Carroll County.
- Assisted in the Community response to the Brick Manor fire that occurred in Ossipee in March of 2020.