

Healthy Aging Workgroup

Date: Wednesday, June 16, 2021
Time: 9 – 1030am
Meeting Leader(s): Caleb Gilbert
Location: Zoom

Participants: Marianne Jackson, Martha Johnston, Martha McLeod, Sue Ruka, Sandy Ruka, Mary Seavey

Reframing Aging Presentation: Part 2 -Justice Narrative

- Presented by Martha McLeod. Themes covered by the Justice narrative:

Implicit Bias, Value added, positive reframing, choices (for example, framing the choice of using public transportation as a choice related to values of environmental impact, social interaction, etc., versus a need based on age of individual), dollar value of volunteers, working within our own organizations to change the narrative of aging, older adults in the workforce: there value and the bias they face.

MWV Age-Friendly Initiative Update:

Ossipee has joined (12th municipality), Charlie M, Marianne, and Edwina B. Reached out to Steering Committee and looking to revitalize all 5 Domain working groups to review goals from Feb 2020 and see what is still relevant and see what needs revision/change. Caleb leads the health domain and will be reaching out to health domain members to reconvene in late July/early August. Anybody interested in the Health Domain, contact caleb.gilbert@graniteuw.org.

ServiceLink of CC: Reopening for client visits – following safety protocols. This will improve doc signing etc., new Medicare Counselor (Ellen) is training and getting up to speed, Tamworth Community Fair for people new to residents this Saturday. Can provide some transportation options for individuals “falling through the cracks.”

Gibson Center for Senior Services: Collaborating with North Conway Community Center – older adult mentors for k-6, intergenerational. Gibson Center is slowly unrolling a reopening – phasing in various activities (exercise, transportation, etc.). NH Alliance for end of life options – new initiative to help promote choice, independence, and improving conversation <https://www.nhendoflifeoptions.org/>. Work to include end of life options in various locations throughout the Valley.

RSVP of Carroll County: Held volunteer appreciation luncheon 170 volunteers attended. Demand for transportation is increasing, yet there are limited drivers. Looking for more drivers!! Please send anyone interested in volunteering to Mary Seavey. High need in Tamworth south – especially Wolfeboro.

VNHCH of Carroll County: COVID Vax winding down, vaxxed around 65 older adults. Looking at end of life options and partnering with palliative care. Crossings is regrouping – looking for hybrid options for participation.

Memorial Hospital, Sue R.: Moving toward implementation of dementia friendly community grant. Sue has stepped away from MWV ADC and has moved into a Community Health Role with Memorial Hospital.

NH Alliance for Healthy Aging

Bill to tweak language of advance directive legislation:

http://gencourt.state.nh.us/bill_status/Results.aspx?q=1&txtbillnumber=sb%2074&txtsessionyear=2021

Nearing the end of the State budget process. Increase CFI, Adult Day and Senior Centers included in most current version. Still working in committee. American Rescue Plan funding – increased Medicare funding match. AHA has asked NH DHHS Commissioner to consider ‘presumptive eligibility’ and other older-adult related pieces. Paid family caregiver pilot. NH Highway safety plan – older drivers as a part of the plan (medical review, AARP Drive Safe, etc.). Link to plan here:

https://www.nh.gov/dot/projects/documents/nhdot_strategic_highway_safety_plan_2017_2021.pdf

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