

Carroll County Youth SMP Subcommittee

(Substance Misuse Prevention)

January 17, 2023. 2:00-3:30pm

Agenda

	Follow-up Action. By Whom?
<p>1. Introductions</p> <p>Attendance:</p>	
2. Goals for Quarter 3 – Jan-Mar 2023 – New SMP onboarding	
3. Discussion – Planning for 2022-2023 – Challenges and Opportunities and wish list	
<ul style="list-style-type: none"> Goal: Addressing substance misuse across the lifespan 	
<ul style="list-style-type: none"> Strategy 1:1 Regional Network Facilitation. Prevention Leadership Team, work with SAUs, Work with Law Enforcement, local officials, youth subcommittee, ACEs trainings. 	SAU 9 Wellness, GWRSD Systems of Care Leadership Team.
<ul style="list-style-type: none"> Strategy 1:2 Information Dissemination. Brochures, social media, special populations/LGBTQ: 	
<ul style="list-style-type: none"> Strategy 1:3 Community Education. Advocacy? Legislative forum? Suicide Prevention? <ol style="list-style-type: none"> Jan 24, Child Care Webinar Jan 25, Alcohol Fund Webinar Feb 3 In-Person Advocacy Training 	Advocacy training opportunities coming up https://www.new-futures.org/training/overview
<ul style="list-style-type: none"> Goal: Reduce CC Youth self-reported use of tobacco, alcohol, marijuana, prescription drugs as measured by YRBS <ul style="list-style-type: none"> We are awaiting release of 2021 YRBS aggregate data. Check for updates at https://www.dhhs.nh.gov/programs-services/population-health/health-statistics-informatics/youth-risk-behavior-survey Update on Synar certificates/ Tobacco vendor recognition 	

<ul style="list-style-type: none"> • Strategy 2.1 Community Education / information dissemination. Brochures, social media, special populations (LGBTQ): <ul style="list-style-type: none"> • Jan 30 UNH Mental Health Virtual Series for ages 13+ starts January 30, four evenings 6-7:30 • Feb 16, NH DHHS Initial Training on Addiction and Recovery • Feb 17, NH DHHS Families and Addiction • Power of Prevention Podcast : a Youth’s Perspective on Substance Misuse 	<p>https://extension.unh.edu/event/2023/01/your-thoughts-matter-navigating-mental-health-virtual-series</p> <p>https://www.dhhs.nh.gov/sites/g/files/ehbemt476/files/documents2/training-schedule.pdf</p> <p>Podcast link: https://drugfreenh.org/podcast-episode/a-youth-perspective-on-substance-misuse-and-prevention-mental-health-wellness/?fbclid=IwAR3bwjgMR6YNBsnBBikqcol-jrI23ZAugese9ZBmXsXIQwV_vWsm1co_p4aE</p>
<ul style="list-style-type: none"> • Strategy 2.2 Youth Empowerment – TA to student groups, student group presentations, promote Life of an Athlete 	<p>Kingswood HS Youth</p>
<ul style="list-style-type: none"> • Goal: Respond to emerging threats 	
<ul style="list-style-type: none"> • Strategy. Compile and share data – <ul style="list-style-type: none"> • No Safe Experience – Gov Sununu, Gov’s Youth Advisory Council launching No Safe Experience Campaign. More in Feb. • NH Drug Monitoring Initiative Nov 2022 data - 	<p>No Safe Experience Campaign https://patch.com/new-hampshire/across-nh/sununu-announces-no-safe-experience-psa-campaign-counterfeit-pills</p> <p>Nov 2022 DMI http://www.c3ph.org/assets/pdf/NH_DMI_Drug_Environment_Report_-_November_2022_-_UNCLASSIFIED_(2022-5591).pdf</p>
<p>4. Roundtable Updates</p>	
<p>5. Next meetings: Youth Prevention subcommittee update: This subcommittee will continue to meet while we work at C3PH to fill the SMP position opening. Meetings will be held on the third Tuesday of Sept, Nov, Jan, Mar, May (summer off) 2-3:30pm, by zoom, https://us02web.zoom.us/j/89220970878 or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878</p>	
<p>January is</p>	

<ul style="list-style-type: none"> - Dry January - No Name-Calling Week - 3rd week of January (now) 	<p>Resources:</p> <p>See Take a Break NH (from alcohol) binge-drinking education https://bingefree603.org/take-a-break-nh/</p> <p>See What's Your Reason https://bingefree603.org/whats-your-reason/</p>
<p>February is</p> <ul style="list-style-type: none"> - Valentine's Day – focus on Safe Relationships?? - Teen Dating Violence Prevention Month - 	<p>https://youth.gov/feature-article/teen-dating-violence-awareness-and-prevention-month</p>
<p>See attached resource: Carroll County Resource Guide</p>	<p>http://www.c3ph.org/assets/pdf/Carroll_County_Resource_Guide_2022-2023.pdf</p>

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Substance Misuse Prevention

Time: 2:00-3:30pm

third Tuesday of Sept, Nov, Jan, Mar, May, (summer off)

Join Zoom Meeting

<https://us02web.zoom.us/j/89220970878>

Agenda

- Prevention Updates by Goals and Activities
- Coordination, Data, Health Disparities
- Roundtable Updates, Announcements, Collaborations

Meeting ID: 892 2097 0878

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