

Be the 1 Carroll County
Youth Suicide Prevention Team

Agenda

August 18, 2023



- 1) 1:00 Attendance: Please sign in to chat with your name and organization
- 2) 1:05 Guest Presentation and Q&A. Seasonal Affect Disorder – Donna Torney LCMHC
- 3) 1:35 Goal 1 - Any identified needs, gaps or information on high-risk populations
Veterans
 - a) Young adult veterans and female veterans have been identified as having a different set of needs and more specific behavioral health and medical supports.
 - b) County Veterans Coalition is up and running
 - Main objective is to prevent veteran suicide and decrease isolation
 - All ages
 - Establishing the needs of the population
 - Prioritizing the needs
 - Assessing the capacity to deal with the needs.
 - For more information contact jennifer.thomas@graniteuw.org

Young Adults

- a) Would like to work more with WMCC for the upcoming school year
 - i) On raising awareness
 - (1) School portal PSAs or similar idea
 - ii) Community engagement activities
 - (1) Online or in person
- b) Reviewing 2021 YRBS trends as they pertain to behavioral health and risk factors for mental health illness to determine other high-risk populations and behaviors.

Upper Elementary

- a) Would like to pursue activities in year 4 & 5 to reach families of upper elementary age students 10-12
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- 2) Goal 2 - – Establish protocols and evidence-based practices within and across systems
 - a) School district interest in restorative practices led to seeking out an authority on implementing restorative practices in schools.

- Should there be an information session or more technical assistance regarding steps to implement restorative practices?
- DOE Grant opportunity? Is there a local entity who is pursuing this?

[Grants and Funding Opportunities | Department of Education \(nh.gov\)](#) *The Office of Social and Emotional Wellness at the New Hampshire Department of Education is excited to announce a new funding opportunity for the 2023-24 school year. The Promising Futures for New Hampshire grant is accepting applications from Local Education Agencies (LEAs) to support universal prevention strategies in schools. See the attached funding opportunity announcement for more information on eligibility and how to apply.*

- b) Continued research for prevention programming that is easy to implement to fidelity
- c) Interested in finding out more about virtual behavioral health options
 - Accessibility, Costs, FERPA, HIPPA

3) Goal 4 – Education and Trainings

- a) ASIST Suicide Prevention training coming up September 11 and 12th at Tri-County CAP 0830-1530 both days
 - More info: [ASIST Suicide Prevention Training Program | LivingWorks](#)
 - 4 More spots available. Contact jennifer.thomas@graniteuw.org asap
- b) Offered eConnect to veteran’s coalition partners and also to Chiefs of Police Meeting.
- c) Please see flyer or webpage for CONNECT eLearning Training Spots - <https://www.c3ph.org/initiatives/youth-suicide-prevention/online-training-modules>
Flyer: https://www.c3ph.org/assets/pdf/Suicide_Prevention_Training_available_2023_2024.pdf
- d) Dept of Ed Offerings, Office of Soc Emotional Wellness
 - [Search Institute Trainings- 2023 NEW](#)
 - [OSEW Professional Development- Summer 2023 NEW](#)

4) Goal 5 – Community Awareness Activities

- a) Would like to start planning now for a Survivors of Suicide Loss awareness event for November. International Survivors of Suicide Loss Day is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience. This year, International Survivors of Suicide Loss Day is Saturday, November 18, 2023. Local sites have until October 1 to register. [You can find a current list of registrations here.](#) If you have questions please contact your [local AFSP chapter](#) or email survivorday@afsp.org.

5) Meeting schedule – determine set day and time for future meetings

6) Adjourn