

Be the 1 Agenda
July, 19th 2023



- 1) Sign in to chat with your name, email and organization
- 2) Goal 1 - Any identified needs, gaps or information on high-risk populations
 - 1) 18-24 year old or young adult engagement
 - Chris-
 1. Updates on ApprenticeshipNH survey etc
 - WMCC – meeting held 6/28
- 3) Goal 2 – Establish protocols and evidence-based practices within and across systems
 - 1) Jen/Caleb
 - Established a coalition to prevent veteran suicide ages 18 plus
 - 2) Catalina – Columbia Screener wallet card for first responders
 - 3) Jen
 - Deep research into EB programing for other community organizations and IOM levels to implement
- 4) Goal 3 – Engage in regional, state, and national initiative and information as it relates to the project, including webinars, conferences, meetings, subcommittees, etc.
 - 1) Catalina –
 - membership in NH BHPAC – NH Behavioral Health Planning and Advisory Council – SUD and BH/MH now working more closely together on block grants.
 - Membership in NAMI FEP-ESMI Group (First Episode Psychosis – Early Serious Mental Illness)
 - membership in NH Citizen’s Health Initiative – Leadership Advisory Board
 - NH Suicide Prevention Council Retreat June 26, 2023
 - New Futures – Advocacy, legislative Update and Your Voices Matter Project
- 5) Goal 4- Education and Trainings
 - 1) Jen/Catalina
 - Looking into finding someone to speak about Seasonal Affective Disorder
 - Looking into finding someone to speak about ACEs

Commented [CK1]: Suggestion: maybe new coalition goes under "regional initiatives" in Goal 3

- E-Learning Slots – Need group feedback for 2023 distribution of 500 eLearning Slots for CONNECT Online
- CONNECT Trainings – need group feedback for delivery of CONNECT Trainings in 2023 by our current trainers.
- NH DOE has many professional development opportunities coming up. The Office of Social & Emotional Wellness is teaming up with Search Institute to bring you many exciting virtual trainings and in person Train the Trainer opportunities.

Information and Registration

- The Office of Social and Emotional Wellness' 2023 Summer Professional Development Series See our FREE in-person and virtual trainings this summer. Take a peek at the July and August trainings we will be offering.

Information and Registration

- UNH Extension FREE Monthly Youth Mental Health First Aid Trainings. Last one of the summer: Wed Aug 2, 9-3:30 [Register here before July 19](#)
- Recorded: [Update on Tobacco Use Prevention Efforts in NH](#) As part of National Prevention Week, The Partnership @drugfreeNH hosted a Facebook Live on May 10, 2023, with Martha Bradley, Public Health Consultant at JSI Research & Training Institute, Inc. Host Julie Yerkes, Prevention Programs Manager at JSI, spoke with Martha about why tobacco use prevention is essential, what strategies communities are using to address youth tobacco use (including vaping), and the resources available for prevention, intervention, and cessation efforts.
- Recorded: [Mental Health First Aid](#) We've heard that our State's mental health is in crisis these days. Every time you turn on the news, there is another story about how our youth, young adults, and elders are experiencing depression and isolation. So, what do we do? On May 5, 2023, The Partnership @drugfreeNH hosted a Facebook Live with Kendra Lewis, Youth and Families Resiliency State Specialist at UNH Extension. Host Julie Yerkes, Prevention Programs Manager at JSI, spoke with Kendra about how folks in our State are learning more about mental health, substance misuse, and resilience to support each other and strengthen their communities.
- Recorded: [Supporting Students with Student Assistance Program](#) Student Assistance Programs (SAP) bring students, families, educators, and community resources together to address obstacles to student success. SAPs provide information, support, and resources that will help young people make healthier decisions, learn critical coping skills, and

form and strengthen relationships that enable them to learn and flourish. Learn more about the New Hampshire Student Assistance Network, including available resources to support your SAP or how you can start SAP at your school. Presented by The Partnership @drugfreeNH.

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2) Susan

- Connect Suicide Prevention TTT
 1. Date coming soon
 2. Space for approximately 40 people
- CALM (Counseling on Access to Lethal Means)
 1. Fall 2023
 2. From Elizabeth Fenner-Lukaitis (DHHS and Elaine de Mello (NAMI Nh)
- Connect Young Adult Leader
 1. Training to students at NHTI and WMCC
 2. Fall 2023
 3. Will be open to all young adults in the workforce

6) Goal 5 – Community awareness activities

1) Jen

- Flyers looking for volunteers for BBBS and TriCounty Transit being emailed or delivered to partners and other organizations.

2) Catalina

- Would like to start planning now for a Survivors of Suicide Loss awareness event for November.

7) Goal 6 – Tobacco/nicotine/vaping prevention activities

1) Continued distribution to area partners as requested

8) Goal 7 – Postvention activities

9) Additional updates or news

1) Jen

- There will be a day/time change to the meeting
 1. Initial polling has suggested that the 3rd Wednesday afternoon of the month to be a difficult time frame.
 - a. Additional polling will be done
- Last month is quiet due to the start of summer session

2) Catalina

- Conway Library Summer Food Program for youth. The NH Food Bank summer meals program for children and youth ages 18 and younger at Conway Public Library started July 5 and runs Monday - Friday, 12:00-12:45pm through August 11th. The link below is for the menu. No

questions asked, no forms to fill out.

https://conwaypubliclibrary.org/sites/conwaypubliclibrary.org/files/page-attachments/Summer%20Menu%20CPL%202023.pdf?fbclid=IwAR3ahprjmDEVh8Jqlipzo-MYO4w81sy1_Ls1-Lpn32e0JvRbugKwjMYn3IM

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10) Proposed actions

1) Jen

- Middle of August will reach out to all schools

11) Close