

Be the 1 Youth Suicide Prevention Committee
Carroll County Coalition for Public Health
Agenda for June 21, 2023

1. Attendance: Sign in to chat with your name, email address and organization.

2. Goal 1 – Any identified needs, gaps or information on high-risk populations
 - a. 18-24 year old or young adult engagement
 - b. GLS and WMCC group updates – Susan Ward
 - c. Apprenticeship NH – Chris Lalmond - Working with to assess barriers for community members to find and participate in registered apprenticeships
 - d. Pride Month – White Mountains Pride June 24, North Conway
 - e. Summer subcommittee to review Carroll County YRBS – if interested, notify Jennifer or Catalina

3. Goal 2 – Establish protocols and evidence-based practices within and across systems
 - a. Northern Human Services Care Liaison -Mckenzie Webb
 - i. Has forms available
 - b. Update from SAU 49 Systems of Care District Community Leadership Team – staff transition
 - c. Update from SAU 9 Youth Behavioral Health Collaborative
 - d. CIT Training for Law Enforcement hosted at Conway PD
 - e. Update from NH Rapid Response Access Point/Northern Human Services Mobile Crisis Team – Kara Washam and/or Rich Melillo – Recent community meetings with first responders

4. Goal 3 – Engage in regional, state, and national initiative and information as it relates to the project including webinars, conferences, meeting, subcommittees, etc.
 - a. Pride Month
 - Wide variety of webinars on LGBTQIA+ mental health
 - New England School of Addiction and Prevention Studies - June 5 - 8, 2023, Summer School Diversity Inclusion Project Showcase
 - Jen
 - Several LGBTQIA+ groups in NE presented
 - Outright Vermont
 - Center of Excellence on LGBTQ+ Behavioral Health Equity- SAMHSA
 - Out Maine

- NAMI NH LGBTQ Mental Health Resources
<https://www.naminh.org/lgbtqia/>
 - b. Magnify Voices Expressive Arts Contest recap : Magnify Voices Expressive Arts contest update – Congrats to Kingswood Youth Center! One of their students received an award for her poetry submission and was recognized at the May 24 event at Plymouth State University. It was the first time the event had come as far north as Plymouth. FMI <https://nhcsoc.org/magnify-voices/> Get a taste of the event here on Facebook:
<https://www.facebook.com/MagnifyVoicesExpressiveArts/videos/2184141971771769>
 - c. No Safe Experience media campaign is still ongoing:
<https://nosafeexperience.org/>. NH DOE has some wristbands available. Contact Jennifer Hunter at DOE jennifer.f.doris@doe.nh.gov
 - d. New Futures My Voices Project – Janet Hunt - From: Janet Hunt jhunt@new-futures.org Subject: Overview of My Voice Matters Project, When: Thursday, June 22, 2023 10:00 AM-11:00 AM (UTC-05:00) Eastern Time (US & Canada). Where: <https://us06web.zoom.us/j/84813353243?from=addon>
 - e. Veterans and Military Families – Regional formation of a Suicide Prevention Coalition – Justin Moeling, VA – update on local efforts. Fmi john.moeling@va.gov
 - f. NH Behavioral Health Planning and Advisory Committee - Catalina
- 5. Goal 4 – Education and trainings Update – Susan Ward
- 6. Goal 5 – Community awareness activities
 - a. Anxious Nation Screening recap – Sarah Skoglund or Anika Hastings
- 7. Goal 6 – Tobacco/nicotine/vaping prevention activities
 - a. Jen
 - Materials distributed to Wakefield SAU
- 8. Goal 7 – Postvention activities – no update
 - a. Any community incidents known to the group?
- 9. Updates-additional
 - a. Susan-Riverbend is looking to hire a new Care Liaison
 - <https://pm.healthcaresource.com/CS/riverbend#/job/2424>
 - b. [Behavioral Health Workforce Education and Training-Children, Adolescents, and Young Adults \(BHWET-CAY\) Program for Professionals \(HRSA-23-131\)](#) - The Health Resources and Services Administration (HRSA) released a new Notice of Funding Opportunity (NOFO) to address the behavioral health needs of children, adolescents, and young adults by increasing the supply and distribution of behavioral health providers in rural and underserved communities.

The Behavioral Health Workforce Education and Training-Children, Adolescents, and Young Adults (BHWET-CAY) Program for Professionals will enhance trainees' knowledge, skills, and expertise through clinical and experiential training. The program also invests in the supply of, and training for clinical supervisors.

HRSA will award approximately \$9.7 million to up to 18 grantees over a period of two years through this funding opportunity.

- c. Other updates

10. Proposed actions before next meeting?

- a. Jen

- Look into more tobacco prevention programs at selective level (tier 2/3)
- Invite Jesse Brooks of Getting to Y to present?
- Invite John Knorr/Chris Lalmond of ApprenticeshipNH?

11. Close

- a. Next meeting July 19th at 1300. You are invited to a Zoom meeting. When: Jun 21, 2023 01:00 PM Eastern Time (US and Canada) Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NP Mn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting.

- b. Minutes will be emailed to everyone. Thank you all. Please reach out with any questions, ideas or resources you would like to add to the minutes.
- c. Additional resources and news for June will be emailed with Minutes

- d. Resource Links

- NAMI NH Mental Health Resources <https://www.naminh.org/resources-2/lgbtq/>
- White Mountains Pride <https://www.whitemountainspride.com/resources>
- NH DHHS HIV Prevention <https://www.dhhs.nh.gov/programs-services/disease-prevention/infectious-disease-control/hiv-prevention>
- LGBTQ Youth and Families Resource Guide
- <https://www.chadkids.org/sites/default/files/2020-03/NH-PIP-LGBTQ-Brochure-2018.pdf>
- Legal Aid <https://nhlegalaid.org/your-rights-lgbtq-person-new-hampshire>
- Gender Diverse Care Coalition <https://genderdiversecarecoalitionnh.com/gender-affirmative-resources-in-nh-and-surrounding-areas/>
- TLC Family Resource Center <https://www.tlcfamilyrc.org/rural-outright-resources.html>
- The Trevor Project <https://www.thetrevorproject.org/>
- Youth Homelessness <https://www.nhyouthsuccess.com/>

- PFLAG NH [Leading With Love – Leading With Love \(pflagnh.org\)](http://pflagnh.org)
- Crisis Resource guide
 - <https://www.dropbox.com/s/j9mt98hhv4cxfg9/2022%20Crisis%20Resource%20Guide.pdf?dl=0>
- Trauma Resource guide
 - <https://www.dropbox.com/scl/fi/i1671aeh58h7vzzi90lge/2022-Trauma-Resource-Guide.docx?dl=0&rlkey=r6gmlztok39gzxuswe1ra2dw9>
- Find a therapist
 - <https://www.psychologytoday.com/intl/counsellors?domain=www&cc=us&cl=en>
- Low or no cost therapy
 - <https://www.dropbox.com/s/vt5lnnkverjo9r/2022%20Low%20Cost%20No%20Cost%20Therapy%20Resources.pdf?dl=0>