

## GLS Youth Suicide Prevention

### Implementation Team – Be the 1 Carroll County – 4/19/23, 1:00-2:30pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health

Garett Lee Smith Grant – NH Nexus Project 2.0

## Agenda

-Introductions of team members around the table:

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	<b>Discussion.</b>	
Welcome New Care Liaison: Mckenzie Webb	Overview of Care Liaison Role. Partner share previous experience.	
Strategic Planning – Identify needs, gaps & high-risk populations	Focus on Upper Elementary & Middle School <ul style="list-style-type: none"> <li>- Kennett Middle School lunch engagement</li> <li>- Outreach to Big Brothers Big Sisters</li> <li>- White Mtns Pride June 24Jen Reaching out to schools to determine needs.</li> <li>- Concerns with self-harm in schools</li> <li>- Where/ How else can we serve this population before the end of the school year? Plans for Summer/Fall?</li> <li>-</li> </ul>	
Strategic Planning – Establish Protocols and Evidence Based Practices within/across systems	<ul style="list-style-type: none"> <li>- Update from Kingswood Systems of Care Team - Anika</li> <li>- Update from Kennett HS Youth Behavioral Health Collaborative - Brittini</li> <li>- How can we help the rest of the school year? Summer? Fall?</li> </ul>	
Strategic Planning - Engage in regional, state and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.	<ul style="list-style-type: none"> <li>- Magnify Voices Expressive Arts Contest for Students gr 5-12, submissions closed Apr 17. May 24 event at PSU</li> <li>- NH Suicide Prevention Council</li> <li>- Dartmouth ECHO opportunity: Recognizing and Responding to Youth in Distress ECHO</li> <li>- SOS RICH Conference, (Recovery, Inclusion, community, Harm Reduction) See available slidedecks google folder</li> <li>- MHFA May 11, Chocorua</li> </ul>	<b>Follow up</b> Magnify Voices, fmi: <a href="https://nhcsoc.org/magnify-voices/">https://nhcsoc.org/magnify-voices/</a> NH Suicide Prevention Council - <a href="https://www.dhhs.nh.gov/about-dhhs/advisory-organizations/suicide-prevention-council">https://www.dhhs.nh.gov/about-dhhs/advisory-organizations/suicide-prevention-council</a> Dartmouth ECHO Youth in Distress <a href="https://connect.echodartmouth-">https://connect.echodartmouth-</a>

	<ul style="list-style-type: none"> <li>- Youth MHFA, May 12, Chocorua</li> </ul>	<p><a href="https://hitchcock.org/Series/Registration/1593">hitchcock.org/Series/Registration/1593</a></p> <p>RICH Conference slidedecks. Must have a google account to view - <a href="https://drive.google.com/drive/folders/1RX0zDJNHCKBbiEDXQthxtrUTWHruXqZu?usp=share_link">https://drive.google.com/drive/folders/1RX0zDJNHCKBbiEDXQthxtrUTWHruXqZu?usp=share_link</a></p> <p>May 11 Mental Health First Aid Chocorua \$50, scholarships contact C3PH <a href="http://www.c3ph.org/assets/pdf/AHEC_SUDPreventionSeriesMHFA_2023_05_11.pdf">http://www.c3ph.org/assets/pdf/AHEC_SUDPreventionSeriesMHFA_2023_05_11.pdf</a></p> <p>May 12 Youth Mental Health First Aid Chocorua \$50, scholarships contact C3PH <a href="http://www.c3ph.org/assets/pdf/AHEC_SUDPreventionSeriesYouthMHFA_2023_05_12.pdf">http://www.c3ph.org/assets/pdf/AHEC_SUDPreventionSeriesYouthMHFA_2023_05_12.pdf</a></p>
<p>Education and Training - NAMI Update – Susan Ward</p>	<ul style="list-style-type: none"> <li>- Connect Postvention Train the Trainers happened in January</li> <li>- Connect Youth Leader – Kingswood. Concord.</li> <li>- Connect Young Adult Leader</li> <li>- In Our Own Voices / Survivor Voices training May 20.</li> <li>- Connect Online Training Slots available</li> <li>- New Care Liaison at NHS is ready to start seeing clients. Riverbend is looking to hire a new Care Liaison. See job description: <a href="https://pm.healthcaresource.com/CS/riverbend#/job/2424">https://pm.healthcaresource.com/CS/riverbend#/job/2424</a></li> <li>- Jennifer-some schools looking for more comprehensive MH trainings-with operationalized actions and communication skill building</li> </ul>	
<p>Community Awareness</p>	<ul style="list-style-type: none"> <li>- Jen-Dissemination of educational/awareness materials and resources</li> <li>- Media recommendations – does NAMI have some new guidance online?</li> <li>- Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population . Where else can we disseminate information?</li> <li>- Kennett HS Mental Health Fair May 11</li> <li>- White Mountains Pride June 24</li> </ul>	<p><a href="https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables">https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables</a></p> <p>C3PH Folder of 988 Shareables: <a href="https://drive.google.com/drive/folders/1EF4t54wpgIU5akkOGKEIRu4pWmIf6BKZ?usp=sharing">https://drive.google.com/drive/folders/1EF4t54wpgIU5akkOGKEIRu4pWmIf6BKZ?usp=sharing</a></p>

Tobacco and Nicotine Use Prevention	<ul style="list-style-type: none"> <li>- Targeted dissemination of materials – update on progress – Need to follow up with Kennett HS, Moultonborough Academy</li> <li>- Jen-Providing educational materials, awareness materials, best practices and resources to guidance counselors/LSW</li> </ul>	
Community response to suicide events.	<ul style="list-style-type: none"> <li>- List any pertinent updates or invite speakers to share info.</li> <li>- There are two Mental Health First Aid trainings coming to our region. See links above.</li> </ul>	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School /Higher Ed -WMCC Updates	<ul style="list-style-type: none"> <li>- Anxious Nation Film Screening May? (Northen Human Services, Kingswood)</li> </ul>	
Healthcare Updates –	<ul style="list-style-type: none"> <li>- Hospital Community Health Need Assessment Updates?</li> <li>- Other provider updates?</li> </ul>	
First Responder Updates	<ul style="list-style-type: none"> <li>- Update from 988 NH / NH Rapid Response Access Point</li> <li>- National DEA Take Back Day is April 22, see attached flyer. Please promote.</li> <li>- C3PH(Granite United Way) is Hiring a Public Health and Emergency Preparedness Coordinator.</li> </ul>	<ul style="list-style-type: none"> <li>- All: please promote Take Back Day <a href="http://www.c3ph.org/assets/pdf/DE A TakeBack Poster 8.5x11 Carroll County 2023 04 22 .pdf">http://www.c3ph.org/assets/pdf/DE A TakeBack Poster 8.5x11 Carroll County 2023 04 22 .pdf</a></li> <li>- Emergency Preparedness Coordinator Job Posting: <a href="https://g.co/kgs/xXo44W">https://g.co/kgs/xXo44W</a></li> </ul>
Social Services, Other	<ul style="list-style-type: none"> <li>- Children Unlimited?</li> <li>- Other?</li> </ul>	
Awareness Campaigns	<p><b>May is</b></p> <ul style="list-style-type: none"> <li>- MENTAL HEALTH MONTH</li> <li>- May 7-13 is National Prevention Week</li> <li>- May is Better Sleep Month</li> <li>- May 31 is World No Tobacco Day</li> </ul>	<p>Resources:</p> <ul style="list-style-type: none"> <li>- <a href="https://mhanational.org/mental-health-month">https://mhanational.org/mental-health-month</a></li> <li>- <a href="https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month">https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month</a></li> <li>- <a href="https://www.samhsa.gov/prevention-week">https://www.samhsa.gov/prevention-week</a></li> <li>- <a href="https://www.samhsa.gov/programs/mental-health-awareness-month">https://www.samhsa.gov/programs/mental-health-awareness-month</a></li> <li>- <a href="https://nationaltoday.com/better-sleep-month/">https://nationaltoday.com/better-sleep-month/</a></li> <li>- <a href="https://www.who.int/europe/news-room/events/item/2023/05/31/defa">https://www.who.int/europe/news-room/events/item/2023/05/31/defa</a></li> </ul>

		<a href="http://ult-calendar/world-no-tobacco-day-2023--we-need-food--not-tobacco">ult-calendar/world-no-tobacco-day-2023--we-need-food--not-tobacco</a>
	<p><b>June is</b></p> <ul style="list-style-type: none"> <li>- June 2: Wear Orange Day – National Gun Violence Awareness Day.</li> <li>- Gun Violence Awareness Month</li> <li>- PRIDE MONTH</li> <li>- JUNETEENTH</li> </ul>	<p>Resources</p> <ul style="list-style-type: none"> <li>- Wear Orange: <a href="https://everytownsupportfund.org/how-to-participate-in-wear-orange/">https://everytownsupportfund.org/how-to-participate-in-wear-orange/</a></li> <li>- White Mountains Pride <a href="https://www.whitemountainspride.com/">https://www.whitemountainspride.com/</a></li> <li>- NAMI LGBTQ resources <a href="https://www.namih.org/lgbtqia/">https://www.namih.org/lgbtqia/</a></li> <li>- Juneteenth <a href="https://www.juneteenth.com/">https://www.juneteenth.com/</a></li> <li>- Gun Violence Prevention <a href="https://momsdemandaction.org/">https://momsdemandaction.org/</a></li> </ul>

Next Steps for the Implementation Team-  
C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: BE THE 1 CARROLL COUNTY - Youth Suicide Prevention Team

Time: Jan 18, 2023 01:00 PM Eastern Time (US and Canada)

Every month on the Third Wed, until Dec 20, 2023, 12 occurrence(s)

Apr 19, 2023 01:00 PM

Jul 19, 2023 01:00 PM

Oct 18, 2023 01:00 PM

May 17, 2023 01:00 PM

Aug 16, 2023 01:00 PM

Nov 15, 2023 01:00 PM

Jun 21, 2023 01:00 PM

Sep 20, 2023 01:00 PM

Dec 20, 2023 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

<https://us02web.zoom.us/join/87150790253>  
[https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY\\_4c-3xmGJBgvpbv3IFw1fcQ6hNecVHIJSHo-E](https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY_4c-3xmGJBgvpbv3IFw1fcQ6hNecVHIJSHo-E)

Join Zoom Meeting

<https://us02web.zoom.us/j/87150790253>

Meeting ID: 871 5079 0253

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Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 871 5079 0253

Thank you!

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