GLS Youth Suicide Prevention

Implementation Team - Be the 1 Carroll County - Dec 21, 2022

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health Garett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team members around the table

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Community response to local events.	 Catalina Kirsch, Raetha Stoddard. Responding to Collective Trauma & Loss – Mount Washington Valley NH – a guided discussion. 	
Strategic Planning –	Population: Upper Elementary and Middle	
Identify needs, gaps &	School	
high-risk populations	Updates:	
	SAU 9 Behavioral Health Collaborative	
	Kennett Middle School Outreach	
	GWRSD Systems of Care Community Leadership Team	
	2023 Planning?	
	LGBTQ – WM Pride FestivalSOSL Day Fall	
Strategic Planning – Establish Protocols and Evidence Based Practices within/across systems	GWRSD still reviewing protocols and exploring opportunities to update them.	
Strategic Planning – Planning at Community College and National Guard to reach 18-24 year olds	Share what the team has done for this objective or make a plan for activities related.	
Strategic Planning - Engage in regional, state	 Did anyone attend December Behavioral Health Conference? 	Resources

and national initiatives and information as it relates to the project including webinars, conferences, meetings, subcommittees, grand rounds, etc.	 Winter Activity Bingo – Caleb – link to come soon! 	
Education and Training - NAMI Update – Susan Ward	 National Guard Young Adult Training Connect Postvention Train the Trainers Connect Youth Leader Connect Young Adult Leader In Our Own Voices / Survivor Voices training Care Liaison Position re-posted as PT for North and PT for South Connect Online Training Slots CALM Training 	
Community Awareness	 Media recommendations Revolving Closet Postvention 	See these links for best practices regarding public communications surrounding sudden death to include suicide. https://www.naminh.org/media/ Safe and Effective Messaging Suicide Prevention Best Practice Recommendations Reporting on Suicide
Tobacco and Nicotine Use Prevention	Quit Kits are coming!Vaping Unveiled – any presentations planned for 2023?	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment	Melissa Kanter – getting MHFA training for hospital staff. Hampstead is opening for 16-26 yr olds to not have to be routed through ERs, but can be assessed by Rapid Response Access Point for triage and then can wait at home or go straight to hospital. Have applicants for Psych NP position. No therapist at this time.	
First Responder Updates		
Social Services, Other	New Futures Trainings coming up	

	In-Person Advocacy Training	
	• When: Friday, February 3, 2023 9:00 AM - 2:00 PM ET	
	Where: New Futures, 100 N Main St Fl 4, Concord, NH 03301	
	RSVP: https://www.new- futures.org/trainings/person-advocacy-training	
	Facebook event:	
Awareness Campaigns	January	
	- Teen Driving Awareness Month, https://nhteendrivers.com/index.php	

Next Steps for the Implementation Team-

Meetings are the 3rd Wednesday of each month, 1:00-2:30pm on Zoom. https://us02web.zoom.us/j/87150790253

Thank you!
Catalina Kirsch
Catalina.kirsch@graniteuw.org

More resources sent in from partners

- NH Alcohol & Drug Abuse Counselors Association Upcoming Training Events NHADACA Home
- New Futures Announces 2023 Public Trainings <u>New Futures Announces 2023 Public Trainings | New Futures</u> (new-futures.org)
- NH Housing AFFORDABLE CONNECTIVITY PROGRAM INFO FOR TENANTS notice (scroll down)
- NASW NH Training Opportunities <u>Continuing Education</u> (socialworkers.org)
- ADDitude Magazine Podcasts ADDitude Podcast Library: ADHD Webinars on Demand (additudemag.com)
- NAMI is hosting an In Our Own Voice training for young adults ages 18-26 (see attached flyer)

NH Housing:

Dear Colleague,

The Federal Communications Commission created the Affordable Connectivity Program to help struggling households pay for internet service.

The Affordable Connectivity Program offers free or discounted internet. The Affordable Connectivity Program "does not count as income for determining family rent or impact their eligibility for HUD assistance." The link below directs you to a toolkit, which contains various ways to disseminate the information, as well as an attached fact sheet on the program.

We encourage you to share this information with your residents.

Eligibility:

A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:

- Received a Federal Pell Grant during the current award year;
- Meets the eligibility criteria for a participating provider's existing low-income internet program;
- Participates in one of these assistance programs:
 - SNAP
 - Medicaid
- Federal Public Housing Assistance
 - Supplemental Security Income (SSI)
 - WIC
 - Veterans Pension or Survivor Benefits
 - or Lifeline;
- Participates in one of these assistance programs and lives on Qualifying Tribal lands:
 - Bureau of Indian Affairs General Assistance
 - Tribal TANF
 - Food Distribution Program on Indian Reservations
- Tribal Head Start (income based).

Toolkit: ACP Consumer Outreach Toolkit | Federal Communications Commission (fcc.gov)

In Our Own Voice

Your Story of Recovery with Mental Illness

Would you like to help reduce stigma, change people's view of mental illness and inspire others by sharing your story of recovery?

NAMI NH is looking for individuals between ages 18 and 26 to share their personal story of recovery and resilience.



The free training under the GLS Grant consists of 8 hours of self-paced online training and 8 hours of facilitated virtual (Zoom) training 1/14/2023

Please complete the application here:

https://naminh.wufoo.com/forms/m254dqq07zjvzz/

In Our Own Voice presenters offer insight to recovery by sharing their story

The IOOV presentations are held to broaden people's knowledge of mental illness. It replaces misunderstanding, fear and judgment with insight, awareness and acceptance of mental illness.

The training provides insight on:

- How to write your story
- · How to prepare for a presentation
- How to modify your story for specific audiences

Receive \$40 upon successful completion of the training!

For more information, please contact

Michelle Wagner, IOOV Coordinator: mwagner@naminh.org

Training made possible with Funding and Support from the US Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) with Support from NAMI NH.



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