



Education and Training - NAMI Update – Susan Ward	<ul style="list-style-type: none"> <li>- National Guard Young Adult Training</li> <li>- Connect Postvention Train the Trainers</li> <li>- Connect Youth Leader</li> <li>- Connect Young Adult Leader</li> <li>- In Our Own Voices / Survivor Voices training</li> <li>- Connect Online Training Slots</li> <li>- CALM Training</li> </ul>	
Community Awareness	<ul style="list-style-type: none"> <li>- Media recommendations</li> <li>- Broad targeted dissemination of 988/NSPL materials to reach vulnerable 18–24-year-old population</li> </ul>	<a href="https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables">https://www.samhsa.gov/find-help/988/partner-toolkit/social-media-shareables</a>  C3PH Folder of 988 Shareables: <a href="https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmIf6BKZ?usp=sharing">https://drive.google.com/drive/folders/1EF4t54wpglU5akkOGKEIRu4pWmIf6BKZ?usp=sharing</a>
Tobacco and Nicotine Use Prevention	<ul style="list-style-type: none"> <li>- Targeted dissemination of materials – update on progress</li> </ul>	
Community response to suicide events.	<ul style="list-style-type: none"> <li>- List any pertinent updates or invite speakers to share info.</li> </ul>	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Awareness Campaigns		
	<p><b>November is</b></p> <ul style="list-style-type: none"> <li>- Daylight Savings – Fall Back Nov 6, 2am – days get darker, See info on Seasonal Affect Disorder</li> <li>- The Great American Smokeout, Nov 17</li> <li>- Movember – men’s health – men’s suicide prevention – men grow their moustache, or anyone can pledge to “move” and run/walk 60 km or miles to raise awareness, prevent male suicide. C3PH would like to promote strength based and solution focused awareness</li> </ul>	<p>Resources:</p> <p>SAD:  <a href="https://kidshealth.org/en/parents/sad.html?ref=search">https://kidshealth.org/en/parents/sad.html?ref=search</a></p> <p>Great American Smokeout:  <a href="https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html">https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html</a></p>

	<p>raising (rather than focus on 60 lives lost every hour)</p> <ul style="list-style-type: none"> <li>- Gratitude Month – the season of thanksgiving can be very difficult for persons facing numerous personal challenges. For students, mid-terms and other social, academic challenges can bring stress levels high.</li> <li>- Nov 29 is #Giving Tuesday</li> </ul>	<p>Movember: <a href="https://go.movember.com/">https://go.movember.com/</a></p> <p>Gratitude challenge for students <a href="https://www.meehanmentalhealth.com/the-playful-therapist-blog/30-day-gratitude-challenge-for-kids-and-families">https://www.meehanmentalhealth.com/the-playful-therapist-blog/30-day-gratitude-challenge-for-kids-and-families</a></p> <p>Giving Tuesday: <a href="https://www.givingtuesday.org/united-states/#USmap">https://www.givingtuesday.org/united-states/#USmap</a></p>
	<p><b>December is</b></p> <ul style="list-style-type: none"> <li>- World AIDS Day is Dec 1</li> <li>- Of course, the season of giving, which can be especially difficult for some students who are facing various personal challenges.</li> </ul> <p>There are various holiday gift drives happening across the community.</p>	<p>World AIDS Day <a href="https://www.worldaidsday.org/">https://www.worldaidsday.org/</a></p> <p>Angels and Elves: <a href="https://www.mwvkiwanis.org/mwv-kiwanis-home/angels-and-elves/">https://www.mwvkiwanis.org/mwv-kiwanis-home/angels-and-elves/</a></p> <p>Governor Wentworth Regional School District area holiday giving resources: <a href="https://docs.google.com/document/d/1ovhjuK7dWetqjxx0hRqYjrGTbsuEY6jDvo uybtffYJY/edit?usp=sharing">https://docs.google.com/document/d/1ovhjuK7dWetqjxx0hRqYjrGTbsuEY6jDvo uybtffYJY/edit?usp=sharing</a></p>

**Next Steps for the Implementation Team-**

You are invited to a Zoom meeting.

When: Dec 21, 2022 01:00 PM Eastern Time (US and Canada) Save the dates for the third Wed of each month, 1:00-2:15pm by Zoom.

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting.

Topic: Carroll County Youth Suicide Prevention Team

Time: Dec 15, 2021 01:00 PM Eastern Time (US and Canada)

Every month on the Third Wed, until Dec 21, 2022, 13 occurrence(s)

Nov 16, 2022 01:00 PM

Dec 21, 2022 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

[https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY\\_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E](https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E)

Thank you!

Catalina Kirsch

[catalina.kirsch@graniteuw.org](mailto:catalina.kirsch@graniteuw.org)