

Youth Suicide Prevention Team – Carroll County – July 20, 2022, 1:00-2:30 pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health
Garrett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Strategic Planning – Identify needs, gaps & high-risk populations	<p>July is Minority Mental Health Month</p> <p>Report out from WM Pride June 2022. Conversation with local media rep.</p> <p>WMCC – possible partnership activity</p> <p>Discuss – Upper Elementary, Middle School</p> <p>Who are we missing?</p>	<p>Resources</p> <p>https://minorityhealth.hhs.gov/minority-mental-health</p> <p>https://www.naminh.org/resources-2/bipoc/</p>
NAMI Update – trainings	(9:20 – Susan Ward)	
Year Three Deliverables	<p>Connect Prevention Train the Trainer – completed at QWRSD?</p> <p>Connect Postvention Train the Trainer</p> <p>CALM Training – Fall?</p> <p>Connect Youth Leader (Moultonborough?)</p> <p>Connect Young Adult (WMCC?)</p> <p>Connect Online Training Slots</p> <p>Survivor Voices – In Our Own Voices</p>	
Tobacco and Nicotine Use Prevention	<p>In conversation with GWRSD about nicotine use related school protocols and restorative discipline</p> <p>Huggins CHNA report is in development and will have data to share related to tobacco/nicotine use in the community</p> <p>Juul products pulled by FDA.</p>	
Community Awareness – Social Media Volunteer	<p>988 and iCare</p> <p>- Update from NH 988</p>	

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Awareness Campaigns	<p>July</p> <ul style="list-style-type: none"> - Minority Mental Health Month - Social Wellness Month <p>August</p> <ul style="list-style-type: none"> - National Immunization Awareness Month <p>September</p> <ul style="list-style-type: none"> - Sep 7-12, National Suicide Prevention Week - Recovery Awareness Month 	

2:15 Next Steps for the Implementation Team-

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Suicide Prevention Team

Time: Mar 16, 2022 01:00 PM Eastern Time (US and Canada)

Every month on the Third Wed, until Dec 21, 2022, 12 occurrence(s)

Aug 17, 2022 01:00 PM

Sep 21, 2022 01:00 PM

Oct 19, 2022 01:00 PM

Nov 16, 2022 01:00 PM

Dec 21, 2022 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

<https://us02web.zoom.us/join/87150790253>

Join Zoom Meeting

<https://us02web.zoom.us/j/87150790253>

Meeting ID: 871 5079 0253

One tap mobile

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Dial by your location

+1 312 626 6799 US (Chicago)
+1 646 558 8656 US (New York)
+1 301 715 8592 US (Washington DC)
+1 346 248 7799 US (Houston)
+1 669 900 9128 US (San Jose)
+1 253 215 8782 US (Tacoma)

Meeting ID: 871 5079 0253

Thank you!

Catalina Kirsch, continuum@c3ph.org



**The National 988 Suicide & Crisis Lifeline is here,
adding to NH's robust crisis landscape**

July, 2022

The National 988 Suicide & Crisis Lifeline is here, adding to NH's robust crisis landscape

- New Hampshire is announcing the launch of 988, the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (NSPL). People can call 988 to be connected with trained counselors that are part of the existing NSPL network.
- 988 is a national system. The 988 call center routes calls by area code, which means that someone calling from an area code outside of New Hampshire will reach a call center in the area code's corresponding state.
- For a response from a New Hampshire provider, regardless of your area code, call or text NH Rapid Response at 833-710-6477.

New Hampshire's current crisis response landscape will remain in place.

For a local response every time, contact NH Rapid Response at 1-833-710-6477.

- 988 adds to New Hampshire's robust crisis response landscape. New Hampshire Rapid Response continues to provide mental health crisis services via phone, text and chat for children, youth and adults who may be experiencing a mental health or co-occurring substance misuse crisis. Rapid Response is available 24/7 365 days/year.
- In addition to the Rapid Response crisis line, mobile crisis teams staffed by New Hampshire's ten Community Mental Health Centers across the state are ready to meet people where they are if they have more intensive needs. As of May, 2022, mobile crisis teams have been deployed 2,840 times.
- **For a response from a New Hampshire provider, call or text NH Rapid Response at 833-710-6477.**
- Over the past several years, the Department has made critical investments in strengthening the mental health system across the state. We remain focused on implementing New Hampshire's 10-Year Mental Health Plan and Children's System of Care, increasing capacity for inpatient treatment, building more community-based services, and ensuring that children, youth and adults have access to the behavioral health supports they need.

Consider 988 an addition to other 3-digit responses such as 911 and 211

- 988 is one more option for people experiencing a mental health crisis, and does not replace New Hampshire's Rapid Response.
- Law enforcement is typically the first responder activated by a 911 call, which may not always be appropriate for mental health situations. 911 will remain in place for deployment of police, fire and EMS services.
- 211 will remain a non-emergency number to connect with community resources and The Doorway, New Hampshire's substance misuse access point.