

Youth Suicide Prevention Team – Carroll County – May 18, 2022, 1:00-2:30 pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health
Garrett Lee Smith Grant – NH Nexus Project 2.0

Agenda

-Introductions of team

Grant Objectives – Current Focus	Status Updates, Discussion	Follow up Action (By Who?)
	Discussion.	
Looking Back and Looking Forward	<p>Break Out Rooms</p> <ul style="list-style-type: none"> - Reviewing identified needs from planning session 2020. - Identify Roses – where we have made progress - Identify Thorns – ongoing challenges - Identify Buds – next opportunities where we can impact change 	
Strategic Planning – Identify needs, gaps & high-risk populations	LGBTQ youth, young adults – White Mountains Pride Festival - https://www.whitemountainspride.com/	
NAMI Update – trainings	(9:20 – Susan Ward)	
Education, Training – eLearning Slots	<p>Priorities for outreach? Discussion.</p> <p>http://www.c3ph.org/initiatives/youth-suicide-prevention/online-training-modules</p>	
Education & Training – deliver CONNECT Train the Trainer. Deliver CONNECT Training	Plan for 2022. Governor Wentworth Regional School District update	
Education and Training – Lived Experience.	<p>Upcoming Trainings</p> <p>Life Interrupted Family Speaker training starts June 8 Date(s) - 06/08/2022 - 06/15/2022, 5:30 pm - 8:30 pm</p> <p>https://www.naminh.org/events/life-interrupted-family-speakers-training-4/</p>	
Community Awareness – Social Media Volunteer	<p>988 and iCare</p> <p>Mental Health Awareness Month updates.</p>	

	<ul style="list-style-type: none"> - Kennett High School Mental Health Fair - https://www.instagram.com/u25carrollcountynh/ - https://www.facebook.com/U25CarrollCountyNH - https://www.dhhs.nh.gov/programs-services/health-care/mental-health/i-care-mental-health-wellness-initiative 	
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SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
Middle/High School/Higher Ed - WMCC Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
First Responder Updates		
Social Services, Other		
Awareness Campaigns	May <ul style="list-style-type: none"> - Mental Health Awareness Month June <ul style="list-style-type: none"> - Pride Month - National Safety Month – promote safe celebrations for graduation - June 13-20 Int’l Men’s Health Week - Juneteenth – BIPOC awareness July <ul style="list-style-type: none"> - Social Wellness Month 	

2:15 Next Steps for the Implementation Team-

C3PH Carroll County is inviting you to a scheduled Zoom meeting.

Topic: Carroll County Youth Suicide Prevention Team

Time: Mar 16, 2022 01:00 PM Eastern Time (US and Canada)

Every month on the Third Wed, until Dec 21, 2022, 12 occurrence(s)

Jun 15, 2022 01:00 PM

Jul 20, 2022 01:00 PM

Aug 17, 2022 01:00 PM

Sep 21, 2022 01:00 PM

Oct 19, 2022 01:00 PM

Nov 16, 2022 01:00 PM

Dec 21, 2022 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly:

https://us02web.zoom.us/meeting/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy/ics?icsToken=98tyKuGvrz4qHd2VshyERpwEBY_4c-3xmGJBgvpbvx3IFw1fcQ6hNecVHIJSHo-E

Join Zoom Meeting

<https://us02web.zoom.us/j/87150790253>

Meeting ID: 871 5079 0253

One tap mobile

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Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 871 5079 0253

Thank you!

Catalina Kirsch, continuum@c3ph.org

A message to share from NH DHHS – BDAS:

The ongoing impact of the COVID-19 public health crisis is stressful for all. **You are not alone.** Everyone is feeling some level of anxiety and discomfort right now. It is normal to feel this way. If you or a loved one have struggled with anxiety, other mental health concerns or substance use disorder, this may be an even more difficult time for you.

Mental Health and Substance Use support services and treatment are available to you even during the state of emergency.

You can call 2-1-1 to be directed to help.

If you are already connected to a treatment or recovery support provider, stay in touch with them. All Doorways are open and available to connect you to substance use disorder resources. To find your local Doorway, go to thedoorway.nh.gov, or call 211.

- Call 211 to be connected to help
- National Suicide Prevention Lifeline 800-273-8255
- Disaster Distress Helpline 800-985-5990