

**Youth Suicide Prevention Team – Carroll County – November, 2021, 1:00-2:30 pm**

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

NAMI-NH, Northern Human Services & Carroll County Coalition for Public Health  
Garett Lee Smith Grant – NH Nexus Project 2.0

**Agenda**

-Introductions of team

<b>Grant Objectives – Current Focus</b>	<b>Status Updates, Discussion</b>	<b>Follow up Action – By Who?</b>
Strategic Planning – Postvention Planning	Completed in October. Follow up items.	
Strategic Planning – Young Adults Training. Partnership with NHTI		
Education, Training – eLearning Slots		
Education & Training – deliver CONNECT Training		
Community Awareness – Media Recommendations & Safe Messaging		
Community Awareness – Social Media Volunteer		

SECTOR UPDATES	Status Updates, news, announcements	Follow up Actions? – By Who?
School Updates		
Healthcare Updates – Memorial Hospital Community Health Need Assessment		
Social Services Updates – Health Market Connect Health Navigator	Health Market Connect – NH Health Navigators available in person or over the phone. Email <a href="mailto:help@hcnh.com">help@hcnh.com</a> or call 603-309-2021 or toll free 800-208-5164 See flyer here: <a href="http://www.c3ph.org/assets/pdf/Health_Market_Connect_insurance_assistance_2021.pdf">http://www.c3ph.org/assets/pdf/Health_Market_Connect_insurance_assistance_2021.pdf</a>	

-Community Awareness and Support: LGBTQ Awareness & Sensitivity Resources

- LGBTQIA Health Education: On this site you can create a user name and password and then you can view the webinars for free! Tons of recorded webinars on various health topics. Homepage: <https://www.lgbtqihealtheducation.org/>
- Mental Health Providers and LGBTQIA Awareness: <https://www.lgbtqihealtheducation.org/courses/decolonizing-gender-how-mental-health-providers-can-break-out-of-the-binary-2021/>
- THE SAFE ZONE PROJECT IS A FREE ONLINE RESOURCE FOR POWERFUL, EFFECTIVE LGBTQ AWARENESS AND ALLY TRAINING WORKSHOPS <https://thesafezoneproject.com/>
- Next Steps NH <https://nextsteps-nh.org/resources/cultural-and-linguistic-sensitivity/>  
Cultural and Linguistic Sensitivity

Definition: Educators, community services providers, students, families, and employers work together to identify and address transition education and service needs of individual students in ways that are responsive to their cultural and linguistic backgrounds.

- Think Cultural Health US DHHS <https://thinkculturalhealth.hhs.gov/education>

### **November Happenings**

**Movember.com** - Movember looks at mental health through a male lens, focusing on prevention, early intervention and health promotion. We're working towards a world where men take action to be mentally well and are supported by those around them. FMI <https://us.movember.com/>

**Nov 18, 2021 – The Great American Smokeout** – fmi <https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html> **The Great American Smokeout®** Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout event on the third Thursday in November be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life and reducing your cancer risk. Plus, the American Cancer Society can help you access the resources and support you need to quit.

**Nov 20, 2021 - International Survivors of Suicide Loss Day** is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience. This year, International Survivors of Suicide Loss Day is Saturday, November 20, 2021. [You can find a current list of registrations here.](#) If you have questions please contact your [local AFSP chapter](#) or email [survivorday@afsp.org](mailto:survivorday@afsp.org).

Gilford Public Library is hosting the following event: <https://isosld.afsp.org/gilford-new-hampshire/>

New England Virtual event for Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island and Vermont:  
<https://isosld.afsp.org/new-england-virtual/>

## December Happenings

**Dec 6-7 - NH Behavioral Health Summit.** The New Hampshire Behavioral Health Summit is the exclusive statewide event in NH for behavioral healthcare providers and organizations, including mental health and substance use disorders. There is no better opportunity for companies to gain access to many professionals. FMI <https://www.nhbhs.com/>

2:15 Next Steps for the Implementation Team-

- Shall we meet on Dec 15?
- Other?

You are invited to a Zoom meeting.

When: Dec 15, 2021 01:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMscumvpzsoH9fCbMtMlsm7ce7NPMn74aDy>

After registering, you will receive a confirmation email containing information about joining the meeting.

Thank you!

Kim Perkinson, [prevention@c3ph.org](mailto:prevention@c3ph.org)

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)