



## **CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER**

### **AGENDA – February 7, 2023**

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Oct, Dec.

FMI: (603)301-1252; [prevention@c3ph.org](mailto:prevention@c3ph.org) ; [continuum@c3ph.org](mailto:continuum@c3ph.org)

See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

**8:55 Login to Zoom Meeting** <https://us02web.zoom.us/j/88061869440>

#### **Attendance:**

#### **9:05 Guest: Krystal Chase, Brain Injury Association of NH**

Planning a Lunch and Learn on Brain Injury and SUD

#### **Focus on Prevention:**

- Welcome Jennifer Thomas, SMP!
- [Youth Prevention Subcommittee update](#) –
  - Youth Prevention subcommittee meetings will be held on the third Tuesday of Sept, Nov, Jan, Mar, May, (summer off) **1:30-3:00pm**, (NEW TIME) by zoom, <https://us02web.zoom.us/j/89220970878> or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878
  - Nicotine / Tobacco – Quit Kits, Vaping Unveiled, Restorative Justice
  - share data -
- Legislative Updates – New Futures <https://new-futures.org/issues/2022-bills-were-following>
  - Community Engagement – The NH Alcohol Fund
- Overdose Prevention Kits -
- Magnify Voices Expressive Arts contest  
[http://www.c3ph.org/assets/pdf/Magnify\\_Voices\\_PSU\\_2023\\_Flyer.pdf](http://www.c3ph.org/assets/pdf/Magnify_Voices_PSU_2023_Flyer.pdf)
- Other Prevention Updates from around the table?

#### **9:30 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)**

- SUD Expansion Project Update – Damian Santana

- Rapid Response Access Point - any update from regional Mobile Crisis Unit or Northern Human Services?
  - RRAP is available for response to mental health and/or substance use related crisis. Deploys Mobile Crisis Unit when indicated. [Flyer here](#). FMI <https://www.nh988.com/> 988 is operational
- Updates from the Field.
  - Early Identification/ Intervention –
  - Treatment –
    - Updates from Treatment Providers?
  - Recovery – Updates?
    - White Horse Recovery?
    - MWV Supports Recovery?
  - Harm Reduction
    - Facts about Fentanyl Flyer  
[https://www.cdc.gov/stopoverdose/fentanyl/pdf/fentanyl\\_fact\\_sheet\\_508c.pdf](https://www.cdc.gov/stopoverdose/fentanyl/pdf/fentanyl_fact_sheet_508c.pdf)

10:25 Other updates? Announcements?

10:30 Adjourn.

Happy Winter Season! Healthcare systems are seeing high incidence of RSV, Flu and Covid-19 still is circulating the community. Remember to get a COVID19 Booster and a Flu Shot and take precautions to protect yourself and especially the vulnerable. Thanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to [continuum@c3ph.org](mailto:continuum@c3ph.org) .

Catalina Kirsch, [continuum@c3ph.org](mailto:continuum@c3ph.org)

Carroll County Responds to SUD

You are invited to a Zoom meeting.

When: April 4, 2023 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwtceigqDluHtRorTn80ou-lizThDOxqgR8>

After registering, you will receive a confirmation email containing information about joining the meeting.

Source: NH Health And Human Services Data Portal 5/31/22 [www.wisdom.dhhs.nh.gov](http://www.wisdom.dhhs.nh.gov)

**Resources on next page(s)**

## New Futures Advocacy Training Series. Community Engagement and the Alcohol Fund

The calendar of trainings can be found here where you can also register: <https://www.new-futures.org/trainings/calendar>

I want to share information with you about important work we are doing regarding the state's alcohol fund.

Read our one-pager here:

<https://www.new-futures.org/sites/default/files/2022-12/Alcohol%20Fund%20Fact%20Sheet%20%281%29.pdf>

Have you or a partner or your agency benefited already from a prevention program because of the alcohol fund?

If you are ready to share your story, simply follow the link and check off Alcohol Fund / Governor's Commission: <https://www.new-futures.org/take-action/share-your-story>

Please feel free to write to me with any questions or if you need any help at all in crafting your story.

Stay safe and be well!



### Janet Hunt

Community Engagement Coordinator

[New Futures](#)

100 North Main Street, 4<sup>th</sup> Floor | Concord, NH

Office: (603) 225-9540 Ext. 127

[NewFuturesNH](#) | [@NewFuturesNH](#) | [Make a Gift](#)

Resources from Jan 24 Alcohol Fund Webinar! Below are some links:

- [Recording of the webinar](#)
- [Shared drive folder](#) with Powerpoint and a flyer about the Alcohol Fund
- New Futures' [Alcohol Fund Homepage](#)

Additional Links mentioned during the webinar:

- [Governor's Commission on Alcohol & Other Drugs](#)
- [List of Funded Programs](#) can be found under August 26<sup>th</sup> 2022 meeting minutes
- [State Action Plan](#)
- [Stakeholder Input/Data Analysis](#) that informed the Action Plan

### Take action right away!

- [Share how the Alcohol Fund impacts you](#) What happens if a program you're involved with loses Alcohol Fund funding? Let us know, and we'll share with lawmakers!

**New Date!**

# In Our Own Voice

## Your Story of Recovery with Mental Illness

Would you like to help reduce stigma, change people's view of mental illness and inspire others by sharing your story of recovery?

NAMI NH is looking for individuals between ages 18 and 26 to share their personal story of recovery and resilience.



The free training under the GLS Grant consists of 8 hours of self-paced online training and 8 hours of facilitated virtual (Zoom) training 5/20/2023

Please complete the application here:

<https://naminh.wufoo.com/forms/m254dqq07zjvzz/>

### **In Our Own Voice presenters offer insight to recovery by sharing their story**

The IOOV presentations are held to broaden people's knowledge of mental illness. It replaces misunderstanding, fear and judgment with insight, awareness and acceptance of mental illness.

The training provides insight on:

- How to write your story
- How to prepare for a presentation
- How to modify your story for specific audiences

For more information, please contact

Michelle Wagner, IOOV Coordinator: [mwagner@naminh.org](mailto:mwagner@naminh.org)

Receive \$40 upon successful completion of the training!

Training made possible with Funding and Support from the US Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) with Support from NAMI NH.



# New Hampshire

85 N. State Street, Concord, NH 03301 • (603) 225-5359 • [www.NAMINH.org](http://www.NAMINH.org)

# MAGNIFY VOICES



# 2023

## FIFTH ANNUAL

## EXPRESSIVE ARTS CONTEST

GRANITE STATE STUDENTS in grades 5-12 are invited to submit a creative piece about their experience and connections to mental health. Winners will be awarded cash prizes at the celebration event on May 24, 2023, held at Silver Hall, Plymouth State University!

### HOW? CHOOSE THE FOLLOWING:

- ✓ CREATE A SHORT FILM, SING A SONG, PRODUCE A PERFORMANCE, SUCH AS A SPOKEN WORD PIECE, OR INTERPRETIVE DANCE (MAXIMUM OF 2 MINUTES).
- ✓ WRITE AN ESSAY OR POEM (1000 WORDS OR LESS).
- ✓ DESIGN EXPRESSION USING A MEDIUM, SUCH AS SCULPTURE, PHOTOGRAPHY, PAINTING, OR DIORAMA, ETC.

**ENTRIES DUE MONDAY, APRIL 3, 2023**



VISIT US AT: [NHCSOC.ORG/MAGNIFY-VOICES](https://nhcsoc.org/magnify-voices) OR SCAN QR CODE

FOR QUESTIONS AND INQUIRIES, CONTACT [MAGNIFYVOICES@GMAIL.COM](mailto:magnifyvoices@gmail.com)

# New Hampshire Alcohol & Drug Abuse Counselors Association Training Events

## The 12 Core Functions of the Substance Use Counselor

***A 6-hour training with David Parisi, LICSW, MLADC***

*February 10, 2023*

*8:30am-4:00pm*

## Peer Recovery Coaching in Emergency Departments: Planting a Seed

***A 6-hour training with Ginger Ross, BA, CRSW, NCPRSS & Bret Smith, CRSW, NCPRSS, CPS***

*February 16 & 17, 2023*

*8:30am-11:45am (daily)*

## Initial Training on Addiction and Recovery

***A 6-hour training with Lindy Keller, MS, MLADC***

*February 16, 2023*

*8:30am to 4pm*

## Families & Addiction

***A 3-hour training with Lindy Keller, MS, MLADC***

*February 17, 2023*

*8:30am to 11:45am*

- Mar 8      [Successful Supervision](#)
- Mar 9      [Successful Supervision: A Deeper Dive](#)
- Mar 10     [A Question of Care: Clinician Wellbeing](#)
- Mar 16     [The Seven Challenges - Brief Intervention](#) (UNH/IOD Contracted Providers)
- Mar 22     [Sex Addiction vs. Sexual Dysfunction vs. Paraphilias](#)
- Mar 23     [The Impact of Substance Use on Sexual Development](#)
- Mar 24     [De-escalation: Tools for a Person-Centered Response](#)
- Mar 31     [Enhancing Ethical Decision Making While Working with Clients Experiencing Mental Health and Substance Use Concerns](#)

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## Harm Reduction Strategies for People Who Use Fentanyl

**Wednesday, February 15 | 10 - 11 am PT, 1 - 2 pm ET**

<https://nopn.org/webinars/harm-reduction-strategies-for-people-who-use-fentanyl>

Many people use fentanyl, whether by choice or by accident. With overdose-related deaths continuing to rise, how do we keep people safe? This second session in our webinar series on fentanyl will focus on harm reduction strategies and options for people who use fentanyl. We will hear from a harm reduction specialist on key strategies and opportunities to center people who use drugs and save lives.-

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## NH Harm Reduction Coalition - Training for Your Organization

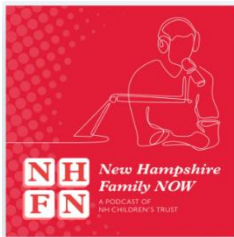
NHHRC proudly offers the following training for any organization:

- **Harm Reduction 101 (1-hour session)**
- **Overdose Response/Narcan Training (1-hour session)**
- **General Harm Reduction – Training Tailored to the Needs of Your Organization (1-hour session)**

Harm reduction training benefits everyone and is especially helpful for those who work with the public. Training can be geared to staff who work in healthcare and non-healthcare-related fields. Fmi <https://www.nhhrc.org/training-for-all> or [info@nhhrc.org](mailto:info@nhhrc.org) to discuss your needs and schedule your training.

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## From NH Department of Education Bureau of Student Wellness & Nutrition



### Listen to a Podcast from New Hampshire Family NOW: A Stance of Curiosity

For their Season 2 Finale, Dr. Cassie Yackley uncovers pathways rather than pathologies and turning emotional responses into positive choices. Also, co-hosts Joelyn Drennan and Nathan Fink reminisce and later do a little in-office caroling.

[Listen Here](#)



## School Mental Health Virtual Series

The National Center for School Mental Health is offering a school mental health webinar series.

See dates and topics below.

**February 14:** Organizational Well-Being

**March 14:** Individual Well-Being: School Staff Wellness and Self-Care

**April 11:** Promoting Family and Community Empowerment to Strengthen Positive School Climate

**May 9:** Collaboration Between School and Community Settings

[Information and Registration](#)



### Your Thoughts Matter: Navigating Mental Health Virtual Series

(Four Week Series)

#### Week 2:

This session looks at three mental health disorders and understand the differences between them, signs, symptoms, and risk factors.

**Monday, February 6**

**from 6pm to 7:30pm**

[Information and Registration](#)

NATIONAL  
COUNCIL  
*for* Mental  
Wellbeing

### The Art of Talking to Teens About Substance Use

This webinar will explore the role of trusted adult messengers and walk you through a pathway for having effective prevention conversations while providing accurate information related to current issues such as cannabis policy and the emergence of fentanyl.

**Wednesday, February 8  
from 8pm to 9pm**

[Information and Registration](#)





## FREE Monthly Youth Mental Health First Aid Trainings

Virtual courses offered the first  
Wednesday every other month.

**Wednesday, February 21**

**from 9am - 3:30pm**

**[Register by:](#) February 9**

[Information and Registration](#)