



Carroll County Responds to Substance Use Disorder



CARROLL COUNTY RESPONDS TO SUBSTANCE USE DISORDER

AGENDA – October 4, 2022

Prevention – Continuum of Care Workgroup

Meets First Tuesday of Feb, Apr, Jun, Aug, Oct, Dec.

FMI: (603)301-1252; prevention@c3ph.org ; continuum@c3ph.org

See Minutes and Agendas here:

<http://www.c3ph.org/initiatives/continuum-of-care-for-substance-use-disorders>

8:55 Login to Zoom Meeting <https://us02web.zoom.us/j/88061869440>

Attendance:

9:05 Focus on Prevention:

- [Youth Prevention Subcommittee update –](#)
 - Youth Prevention subcommittee will continue to meet while we work at C3PH to fill the SMP position opening. Meetings will be held on the third Tuesday of Sept, Nov, Jan, Mar, May, (summer off) 2-3:30pm, by zoom, <https://us02web.zoom.us/j/89220970878> or join by phone at One tap mobile +13017158592,,89220970878# or dial +1 301 715 8592 , meeting id 892 2097 0878
 - Kennett Middle School Update
- DEA Take Back Day Save the Date: October 29. 2022
- Legislative Updates – New Futures <https://new-futures.org/issues/2022-bills-were-following>
- Overdose Prevention Initiative
- Other Prevention Updates from around the table?

9:30 Focus on the Continuum of Care (Early Identification/Intervention, Treatment, Recovery)

- SUD Expansion Project Update – Damian Santana
- Rapid Response Access Point - any update from regional Mobile Crisis Unit or Northern Human Services?
 - RRAP is available for response to mental health and/or substance use related crisis. Deploys Mobile Crisis Unit when indicated. [Flyer here](#). FMI <https://www.nh988.com/> 988 is operational
- Updates from the Field.
 - Early Identification/ Intervention –

- Treatment –
 - Updates from Treatment Providers?
- Recovery – Updates?
 - White Horse Recovery?
 - MWV Supports Recovery?

10:25 Other updates? Announcements?

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- Resources Attached
- **NH Food Bank Mobile Food Pantry**, Thursday August 18, 12-2, Ham Ice Arena, Conway. Volunteers, 11-2 volunteercoordinator@nhfoodbank.org ; Follow <https://nhfoodbank.org/find-food/mobile-food-pantry-schedule/>
- Children Unlimited/Family Resource Center. **Family Assistance** Funds for families with children up to age 12. FMI Cathy Livingston.
- **Emergency Rental Assistance** still open: <https://www.capnh.org/> or WWW.NHHFA.ORG/EMERGENCY-RENTAL-ASSISTANCE
- **NH DHHS has a new website look:** <https://www.dhhs.nh.gov/>

10:30 Adjourn.

Happy Healthy Autumn Season! Remember to get a COVID19 Booster and a Flu ShThanks for all you do! If you would like to unsubscribe from this email list, send a message that says “unsubscribe” to continuum@c3ph.org .

Catalina Kirsch, continuum@c3ph.org

Carroll County Responds to SUD

You are invited to a Zoom meeting.

When: Oct 4, 2022 09:00 AM Eastern Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/join/zoom-join-link>

After registering, you will receive a confirmation email containing information about joining the meeting.

Source: NH Health And Human Services Data Portal 5/31/22 www.wisdom.dhhs.nh.gov

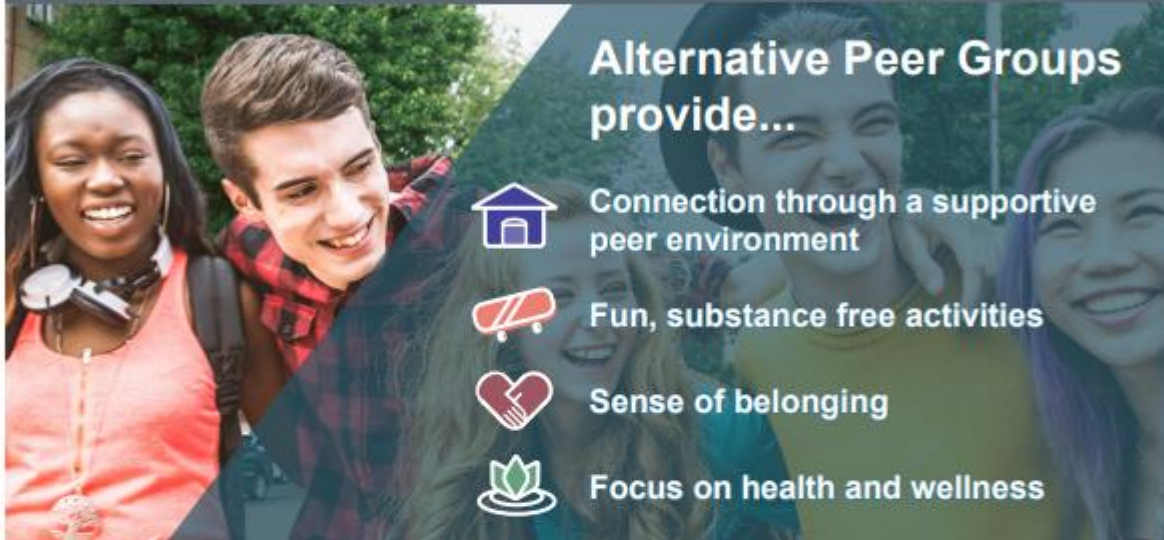
Resources on next page(s)

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Peer Support for NH Youth with Substance Use Challenges



Creating Connections NH is building supportive recovery communities called Alternative Peer Groups (APGs) for youth and young adults with substance use challenges. APGs offer young people a chance to connect at least once a week with peers in an environment that is fun, safe, substance-free, and recovery-focused.



Alternative Peer Groups provide...



Connection through a supportive peer environment



Fun, substance free activities



Sense of belonging



Focus on health and wellness

More than just meeting up...

- APG Facilitators are trained recovery support professionals
- Youth help choose fun group activities that match their interests
- Opportunities for family/caregiver involvement

Connect with a Group in Your Area

Live Free Recovery – Dover & Newton
livefreerecovery.com 603.702.2461

Addiction Recovery Coalition of NH –
Souhegan Valley arcnh.org 603.554.8142

Revive Recovery – Nashua
reviverecovery.org 888.317.8312

The Youth Council – Nashua
tycnh.org 603.889.1090

Hope for NH Recovery – Manchester
recoverynh.org 603.935.7524

Plymouth Area Recovery Connection (PARC)
parcnh.org 603.238.9291

Safe Harbor Recovery Center – Portsmouth
granitepathwaysnh.org 603.570.9444

Archways of Greater Franklin/Tilton Area
gtafr.com 603.286.4255



From NH 988

After the start of a new school year, we write to share messaging and resources related to 988 and the New Hampshire Rapid Response. Please help us to make sure students, families, and educators across the state are aware of these resources that provide support **24/7, 365 days/year**.

In New Hampshire, 988 expands our existing crisis response landscape; it supplements, but does *not* replace, New Hampshire Rapid Response (NHRR). NHRR provides call, text, and chat services to children, youth, and adults experiencing emotional distress, overwhelm, a mental health or substance misuse crises. Crisis is defined by the person who is calling and there is no wrong reason to call.

Note: If you need someone to talk to, 988 is a great option. If you are dialing from a NH area code, chances are good you will reach a NH Lifeline Center, however, if you feel you may need someone to respond in your community, such as an appointment at a community mental health center or a mobile crisis team coming to your location, you should call the NHRR at 833-710-6477. NHRR is the primary way to get an in-person response to a crisis with trained clinicians and peers.

Quick facts about 988

- Calls, text, and chat to 988 route individuals seeking mental health support to trained counselors with the 988 Suicide and Crisis Lifeline.
- Like NH Rapid Response, 988 is confidential, free, and available 24/7/365 (all day, every day!).
- 988 is a resource for you to use for yourself and with/for students and families who need help or support.
- 988 provides an alternative to calling 911 or going to the emergency department during a mental health crisis.
- Call support through 988 is available in English or Spanish.

What can you do to help spread the word?

- Share this message! Forward this email and resources to colleagues and families. Talk about 988 with students and families.
- Print and publicly display 988 resources from the NH DHHS Behavioral Health webpage (<https://www.dhhs.nh.gov/programs-services/health-care/behavioral-health>). *Check the website often for updates and new resources.*

- If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.
- For NH Rapid Response, including the ability to have a mobile crisis team come to you in the community if needed, call or text 833-710-6477 or chat nh988.com.

Suicide Prevention Resources for Schools

Help put suicide prevention on the agenda for the new [school](#) year by using and sharing these materials:

- Suicide prevention resources for [middle school](#) and [high school](#) settings
- Information sheets to help high school [teachers](#) and [mental health providers](#) prevent suicide
- Resources for [teens](#) who may be at risk
- A [toolkit](#) to help middle and high schools respond to a student suicide death
- Guidance on implementing [trauma-informed practices](#) in schools

For the most up to date information, graphics, talking points, and FAQs, please visit the [New Hampshire Department of Health and Human Services Behavioral Health webpage](#).

With feedback or questions contact Jenny O'Higgins (Jennifer.OHiggins@dhhs.nh.gov) with the Division for Behavioral Health at the NH Department of Health and Human Services.

Thank you for raising awareness of these critical resources for students and families.

Jenny O'Higgins, Senior Policy Analyst

Division of Behavioral Health
NH Department of Health and Human Services
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Jennifer.ohiggins@dhhs.nh.gov



From North Country Health Consortium

Hello IDN Partners,

NCHC is pleased to be offering and providing continuing professional education credits for the following Substance Use Disorder (SUD) focused trainings tailored to healthcare providers and others that work with patients or clients.

Checkout:

- **Oct 19 - June 21 (3rd Wed each month): Substance Use Disorder ECHO series: Fostering Connections to Drive Assessment, Treatment & Outcomes**
- **Oct 4: Reducing Drug Related Harm: Spotlight on Overdose & Brain Injury**

I hope you and your staff will be able to benefit from these learning opportunities. See the event flyers below.

Best,

Kris

Kristen van Bergen-Buteau, CPHQ

Director of Workforce Development & Public Health Programs

North Country Health Consortium

e: **kvanbergen@nchcnh.org**

p: 603-259-4795

Housing Stability Solutions Summit 2022

**Community Collaboration
Responding to Local Trends in
Homelessness**



Engage with stakeholders from across the state to learn about NH communities with unique responses to homelessness trends and explore localized solutions for your region.

**October 25, 2022
8:00 AM – 4:30 PM**

Holiday Inn Concord
172 N Main St, Concord, NH 03301

**NH Coalition
to End Homelessness**



**Council on
Housing Stability**



[Register here](#)

**THURSDAY
OCT
27TH**
10AM – 4PM

**15 GROVE ST, NORTH
CONWAY, NH 03860**

Community Health & Wellness Clinic

The Way Station is partnering with White Mountain Community Health and New Hampshire Harm Reduction Coalition to offer you a free health and wellness clinic.

If you would like to participate, please contact Dan via phone or email listed below.

603-452-7113

FREE CLINIC WILL PROVIDE

- Heath Screenings
- Vaccines
 - Hep A
 - Hep B
 - Flu
 - Covid-19 (primary series and boosters)

Community Health Worker will be available to discuss services and options to navigate community resources.

Waystation@gmail.com

